## Sheboygan Y Pool Schedule Summer Session 1: June 9 – July 20, 2025



<u>Monday</u>		<u>Monday</u>	
Verhulst (Big Pool)		Garton (Small Pool)	
Lap Swim (Lanes Vary)	5:00am – 4:00pm	AM Group Swim Lessons	9:15am – 10:45am
Water Aerobics Shallow (Lanes 1-3)	8:30am – 9:30am	Arthritis Aquatics Class	11:00am – 12:00pm
AM Swim Lessons (Lanes 1-2, 6)	9:45am -10:45am	Pool Rentals/Field Trips	12:00pm – 1:30pm
Day Care School Agers (Lane 6)	1:30pm – 2:30pm	Day Care School Agers	1:30pm - 2:30pm
Youth Rec Swim (Lane 6)	2:30pm – 4:00pm	Swim Camp	3:00pm – 4:00pm
Youth Swim Camp (Lanes 1-2)	3:00pm – 4:00pm	Junior Swim Team	4:00pm – 5:00pm
Senior Swim Team (Full Pool)	4:00pm - 5:30pm	PM Group Swim Lessons	5:00pm – 6:30pm
Lap Swim (Lanes 3-5)	5:30pm – 7:30pm	Water Volleyball	6:30pm -7:30pm
PM Swim Lessons (Lanes 1, 2 & 6)	5:30pm – 6:30pm		
Youth Rec Swim (Lane 6)	6:30pm – 7:30pm	WW = Water Walking	
Tuesday		<u>Tuesday</u>	
Verhulst (Big Pool)		Garton (Small Pool)	
Lap Swim (Lanes Vary)	5:00am – 7:30pm	Water Walking & Physical Therapy	7:00am – 9:30am
Day Care School Agers (Lane 6)	1:30pm – 2:30pm	Day Care Preschoolers & WW	9:30am – 10:15am
Youth Rec Swim (Lane 6)	1:30pm - 4:00pm	Ai Chi Class	10:30am – 11:00am
Swim Clinic (Lanes 1&2)	3:00pm – 4:00pm	Arthritis Aquatics Class & WW	11:00am – 11:45am
Novice Swim Team (Lanes 1&2)	4:00pm – 5:00pm	Water Volleyball	12:00pm – 1:30pm
PM Swim Lessons (Lanes 1, 2 &6)	5:00pm – 6:00pm	Day Care School Agers	1:30pm – 2:30pm
Youth Rec Swim (Lane 6)	6:00pm – 7:30pm	Family Swim & WW	2:30pm – 4:00pm
		PM Group Swim Lessons	4:00pm – 5:30pm
		Family Swim & WW	5:30pm – 7:30pm
		WW = Water Walking	
<u>Wednesday</u>		<u>Wednesday</u>	
Verhulst (Big Pool)		Garton (Small Pool)	
Lap Swim (Lanes Vary)	5:00am – 4:00pm	AM Group Swim Lessons	9:15am – 10:45am
Water Aerobics Shallow (Lanes 1-3)	8:35am – 9:30am	Family Swim & WW	10:45am – 12:30pm
AM Swim Lessons (Lanes 1-2, 6)	9:45am -10:45am	Pool Rentals/Field Trips	12:30pm – 1:30pm
Youth Rec Swim (Lane 6)	10:45am - 12:30pm	Day Care School Agers	1:30pm - 2:30pm
Day Care School Agers (Lane 6)	1:30pm – 2:30pm	Swim Camp	3:00pm - 4:00pm
Youth Rec Swim (Lane 6)	2:30pm – 4:00pm	Junior Swim Team	4:00pm – 5:00pm
Youth Swim Camp (Lanes 1&2)	3:00pm – 4:00pm	PM Group Swim Lessons	5:00pm – 6:30pm
Senior Swim Team (Full Pool)	4:00pm - 5:30pm	Family Swim & WW	6:30pm – 7:30pm
Lap Swim (Lanes 3-5)	5:30pm – 7:30pm		
PM Swim Lessons (Lanes 1, 2 &6)	5:30pm – 6:30pm	WW = Water Walking	
Youth Rec Swim (Lane 6)	6:30pm – 7:30pm		



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Thursday		Thursday	
Verhulst (Big Pool)		Garton (Small Pool)	-
Lap Swim (Lanes Vary)	5:00am – 6:00pm	Water Walking & Physical Therapy	7:00am – 9:30am
Deep Water Aerobics (Lanes 1-3)	8:30am - 9:30am	Day Care Preschoolers & WW	9:30am – 10:15am
Day Care School Agers (Lane 6)	1:30pm – 2:30pm	Ai Chi Class	10:30am – 11:00am
Youth Rec Swim (Lane 6)	2:30pm – 4:00pm	Arthritis Aquatics Class & WW	11:00am – 11:45am
Swim Clinic (Lanes 1-2)	3:00pm – 4:00pm	Water Volleyball	12:00pm – 1:30pm
Novice Swim Team (Lanes 1-2)	4:00pm – 5:00pm	Day Care School Agers	1:30pm – 2:30pm
Senior Swim Team (Full Pool)	6:00pm – 7:30pm	Family Swim & WW	2:30pm – 4:00pm
		PM Group Swim Lessons	4:00pm – 5:30pm
		Family Swim & WW	5:30pm – 7:30pm
		WW = Water Walking	
Friday		Friday	
Verhulst (Big Pool)		Garton (Small Pool)	
Lap Swim (Lanes Vary)	5:00am – 7:30pm	Family Swim & WW	9:15am – 10:45am
Youth Rec Swim (Lane 6)	10:00am – 7:30pm	Arthritis Aquatics Class	11:00am – 12:00pm
Youth Swim Clinic (Lanes 1&2)	3:00pm – 4:00pm	Water Volleyball	12:00pm – 1:30pm
		Swim Camp	3:00pm – 4:00pm
		Youth Rec & Family Swim & WW	4:00pm – 7:30pm
		WW = Water Walking	
<u>Saturday</u>		<u>Saturday</u>	
<u>Verhulst (Big Pool)</u>		Garton (Small Pool)	
Lap Swim (Lanes 1-5)	7:00am – 2:00pm	Family Swim & WW	10:30am – 1:00pm
Youth Rec Swim (Lane 6)	10:00am – 2:00pm	Birthday Party or V-Ball	1:15pm – 2:00pm
		WW = Water Walking	
Sunday (Y Members Only)		Sunday (Y Members Only)	
Verhulst (Big Pool)		Garton (Small Pool)	
Lap Swim (Lanes 1-5)	10:30am – 2:00pm	Family Swim & WW	10:30am – 2:00pm
Youth Rec Swim (Lane 6)	10:30am – 2:00pm	,	<b> -</b>
,	r	WW = Water Walking	

## **Schedule Changes:**

Break Week June 30 – July 4: No Group Swim Lessons YMCA Closed July 4

\*Updated: 5/28/2025