



SHEBOYGAN YMCA GYM SCHEDULE

February 25, 2019 - April 25, 2019

	MONDAY			TUESDAY			WEDNESDAY		
	<i>Main</i>	<i>East</i>	<i>Muth</i>	<i>Main</i>	<i>East</i>	<i>Muth</i>	<i>Main</i>	<i>East</i>	<i>Muth</i>
6:00				ADULT BB		CLOSED	ADULT BB		
6:30	OPEN GYM	OPEN GYM							
7:00									
7:30				OPEN GYM	SENIOR VOLLEYBALL			OPEN GYM	
8:00									
8:30	FITNESS Boost			Silver Sneakers			FITNESS Boost		
9:00									
9:30	PICKLEBALL	PICKLEBALL		Etude PE		PRESCHOOL			
10:00	"	"	YDC		YDC			Rehab Group	YDC
10:30	"	"	"						"
11:00									
11:30	ADULT BB		OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	ADULT BB		OPEN GYM
12:00									
12:30									
1:00									
1:30									
2:00	OPEN GYM	OPEN GYM					OPEN GYM	OPEN GYM	
2:30				Etude PE					
3:00									
3:30					YDC			YDC	
4:00		YDC							
4:30	B&G Club Boot Camp	Basketball Practice							
5:00			MTYMITE Sports		Y-Member OPEN GYM	MTYMITE Soccer			
5:30		Y-Member OPEN GYM						Y-Member OPEN GYM	PEEWEE SPORTS
6:00					REMIX Fitness Cl.				
6:30	WOMEN'S VOLLEYBALL LEAGUE		ZUMBA			PEE WEE	OPEN GYM		B-ball Practice
7:00						B-ball Practice			
7:30					Badminton				
8:00				Y-Member OPEN GYM	1/2 Gym			Men's VB Lg.	Badminton 1/2 Gym
8:30			OPEN GYM					"	"
9:00							OPEN GYM		
9:30									
10:00									

Legend
 SS= Silver Sneakers
 BB= Basketball
 Gym schedule is subject to change. Please call the desk to

*** Please see the YMCA brochure for more details and specific times for classes ***



SHEBOYGAN YMCA GYM SCHEDULE

February 25, 2019 - April 13, 2019

	THURSDAY			FRIDAY			SATURDAY		
	<i>Main</i>	<i>East</i>	<i>Muth</i>	<i>Main</i>	<i>East</i>	<i>Muth</i>	<i>Main</i>	<i>East</i>	<i>Muth</i>
6:00				ADULT BB			CLOSED	CLOSED	CLOSED
6:30	ADULT BB						Y-Member OPEN GYM	Y-Member OPEN GYM	
7:00				OPEN	OPEN GYM	CLOSED			
7:30		SENIOR VOLLEYBALL					YOUTH BASKETBALL	YOUTH BASKETBALL	
8:00				FITNESS Boost			"	"	
8:30	Silver Sneakers	"			Pickleball		"	"	
9:00	Etude	"		PICKLEBALL			"	"	
9:30	PE	YDC	OPEN GYM	"	"	YDC	"	"	
10:00		"		"	"	"	"	"	
10:30							"	"	
11:00							"	"	
11:30				ADULT BB	Y-Member OPEN GYM	OPEN GYM	"	Y-Member OPEN GYM	Y-Member OPEN GYM
12:00	OPEN GYM						Y-Member OPEN GYM		
12:30									
1:00		OPEN GYM				HOME SCHOOL PE			
1:30									
2:00									
2:30	Etude PE								
3:00									
3:30									
4:00	O	YDC	PRESCHOOL		YDC	B&G Club			
4:30	P Yth								
5:00	E VB					FRIDAY FUN CLUB			
5:30	N			OPEN GYM	Y-Member OPEN GYM		Open Gym FOR BASKETBALL Most Sundays (Y-Members Only) Sunday Morning Gym Rentals		
6:00	CO-ED VOLLEYBALL LEAGUE	CO-ED VOLLEYBALL LEAGUE	CO-ED VOLLEYBALL LEAGUE						
6:30									
7:00					Badminton				
7:30					1/2 Gym				
8:00									
8:30									
9:00									
9:30				CLOSED	CLOSED	CLOSED			
10:00									

Legend
 SS= Silver Sneakers
 BB= Basketball

Gyms closed Fri. April 26th for the Y's Annual Healthy Kids Night
 Free community night for families

*** Please see the YMCA brochure for more details and specific times for classes ***

