



Sheboygan Y Pool Schedule

Winter 1: January 15 – February 22, 2026

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| <u>Monday</u> <u>Verhulst (Big Pool)</u> Lap Swim (Lanes Vary) 5:00am – 4:00pm Masters Swimmers (Lanes 1-3) 5:45am – 7:00am Shallow Water Aerobics (Lanes 1-3)** 8:30am – 9:30am Swim Team (Full Pool) 4:00pm – 6:30pm PM Swim Lessons (Lanes 1-2) 6:30pm - 7:00pm Lap Swim (Lanes 3-5) 6:30pm – 7:30pm Youth Rec Swim (Lane 6) 6:30pm – 7:30pm ** Limited lap swim availability 8:30-9:30a | <u>Monday</u> <u>Garton (Small Pool)</u> Arthritis Aquatics Class 11:00am – 12:00pm Swim Team 4:00pm – 6:00pm Water Volleyball 6:00pm - 7:30pm |
| <u>Tuesday</u> <u>Verhulst (Big Pool)</u> Lap Swim (Lanes Vary) 5:00am – 7:30pm Shallow Water Aerobics (Lanes 1-3) 8:30am – 9:30am Swim Team (Lanes 1-2) 4:00pm – 5:00pm PM Swim Lessons (Lanes 1-2 & 6) 4:00pm – 6:00pm Youth Rec Swim (Lane 6) 6:00pm – 7:30pm ** Limited lap swim availability 4-6p | <u>Tuesday</u> <u>Garton (Small Pool)</u> Water Walking 7:00am – 10:15am Day Care Preschoolers 9:30am – 10:15am Ai Chi Class 10:30am – 11:00am Arthritis Aquatics Class 11:00am – 11:45am Water Volleyball 12:00pm – 1:30pm PM Group Swim Lessons 4:00pm – 6:00pm Family Swim & Water Walking 6:00pm – 7:30pm |
| <u>Wednesday</u> <u>Verhulst (Big Pool)</u> Lap Swim (Lanes Vary) 5:00am – 4:00pm Masters Swimmers (Lanes 1-3) 5:45am – 7:00am Shallow Water Aerobics (Lanes 1-3) 8:30am – 9:30am Swim Team (Full Pool) 4:00pm - 6:30pm PM Swim Lessons (Lanes 1-2 & 6) 6:00pm – 7:30pm Lap Swim (Lanes 3-5) 6:30pm – 7:30pm Youth Rec Swim (Lane 6) 6:30pm – 7:30pm | <u>Wednesday</u> <u>Garton (Small Pool)</u> AM Group Swim Lessons 9:45am – 10:45am Family Swim & Water Walking 10:45am – 12:00pm Swim Team 4:00pm – 5:00pm PM Group Swim Lessons 5:00pm – 6:30pm Family Swim & Water Walking 6:30pm – 7:30pm |





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| <p style="text-align: center;"><u>Thursday</u></p> <p><u>Verhulst (Big Pool)</u></p> <table> <tr><td>Lap Swim (Lanes Vary)</td><td>5:00am – 6:00pm</td></tr> <tr><td>Deep Water Aerobics (Lanes 1-3)</td><td>8:30am - 9:30am</td></tr> <tr><td>Swim Team (Lanes 1-2)</td><td>4:00pm – 5:00pm</td></tr> <tr><td>Sheboygan Christian (Lane 4)</td><td>4:30pm – 5:45pm</td></tr> <tr><td>Swim Lessons (Lanes 1-2, 6)</td><td>4:00pm – 6:00pm</td></tr> <tr><td>Swim Team (Full Pool)</td><td>6:00pm – 7:30pm</td></tr> </table> <p>** Limited lap swim availability 4-6p</p> | Lap Swim (Lanes Vary) | 5:00am – 6:00pm | Deep Water Aerobics (Lanes 1-3) | 8:30am - 9:30am | Swim Team (Lanes 1-2) | 4:00pm – 5:00pm | Sheboygan Christian (Lane 4) | 4:30pm – 5:45pm | Swim Lessons (Lanes 1-2, 6) | 4:00pm – 6:00pm | Swim Team (Full Pool) | 6:00pm – 7:30pm | <p style="text-align: center;"><u>Thursday</u></p> <p><u>Garton (Small Pool)</u></p> <table> <tr><td>Water Walking</td><td>7:00am – 10:15am</td></tr> <tr><td>Day Care Preschoolers</td><td>9:30am – 10:15am</td></tr> <tr><td>Ai Chi Class</td><td>10:30am – 11:00am</td></tr> <tr><td>Arthritis Aquatics Class</td><td>11:00am – 11:45am</td></tr> <tr><td>Water Volleyball</td><td>12:00pm – 1:30pm</td></tr> <tr><td>PM Group Swim Lessons</td><td>4:00pm – 5:30pm</td></tr> <tr><td>Family Swim & Water Walking</td><td>5:30pm – 7:30pm</td></tr> </table> | Water Walking | 7:00am – 10:15am | Day Care Preschoolers | 9:30am – 10:15am | Ai Chi Class | 10:30am – 11:00am | Arthritis Aquatics Class | 11:00am – 11:45am | Water Volleyball | 12:00pm – 1:30pm | PM Group Swim Lessons | 4:00pm – 5:30pm | Family Swim & Water Walking | 5:30pm – 7:30pm |
| Lap Swim (Lanes Vary) | 5:00am – 6:00pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Deep Water Aerobics (Lanes 1-3) | 8:30am - 9:30am | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Swim Team (Lanes 1-2) | 4:00pm – 5:00pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sheboygan Christian (Lane 4) | 4:30pm – 5:45pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Swim Lessons (Lanes 1-2, 6) | 4:00pm – 6:00pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Swim Team (Full Pool) | 6:00pm – 7:30pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Water Walking | 7:00am – 10:15am | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Day Care Preschoolers | 9:30am – 10:15am | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ai Chi Class | 10:30am – 11:00am | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Arthritis Aquatics Class | 11:00am – 11:45am | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Water Volleyball | 12:00pm – 1:30pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| PM Group Swim Lessons | 4:00pm – 5:30pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Family Swim & Water Walking | 5:30pm – 7:30pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p style="text-align: center;"><u>Friday</u></p> <p><u>Verhulst (Big Pool)</u></p> <table> <tr><td>Lap Swim (Lanes Vary)</td><td>5:00am – 4:00pm</td></tr> <tr><td>Masters Swimmers (Lanes 1-3)</td><td>5:45am – 7:00am</td></tr> <tr><td>Swim Team (Full Pool)</td><td>4:00pm - 6:30pm</td></tr> <tr><td>Lap Swim (Lanes 1-4)</td><td>6:30pm – 7:30pm</td></tr> <tr><td>Youth Rec Swim (Lanes 5-6)</td><td>6:30pm – 7:30pm</td></tr> </table> | Lap Swim (Lanes Vary) | 5:00am – 4:00pm | Masters Swimmers (Lanes 1-3) | 5:45am – 7:00am | Swim Team (Full Pool) | 4:00pm - 6:30pm | Lap Swim (Lanes 1-4) | 6:30pm – 7:30pm | Youth Rec Swim (Lanes 5-6) | 6:30pm – 7:30pm | <p style="text-align: center;"><u>Friday</u></p> <p><u>Garton (Small Pool)</u></p> <table> <tr><td>Arthritis Aquatics Class</td><td>11:00am – 12:00pm</td></tr> <tr><td>Water Volleyball</td><td>12:00pm – 1:30pm</td></tr> <tr><td>Homeschool Gym</td><td>1:30pm – 2:30pm</td></tr> <tr><td>Swim Team</td><td>4:00pm – 6:00pm</td></tr> <tr><td>Family Swim</td><td>6:00pm – 7:30pm</td></tr> </table> | Arthritis Aquatics Class | 11:00am – 12:00pm | Water Volleyball | 12:00pm – 1:30pm | Homeschool Gym | 1:30pm – 2:30pm | Swim Team | 4:00pm – 6:00pm | Family Swim | 6:00pm – 7:30pm | | | | | | |
| Lap Swim (Lanes Vary) | 5:00am – 4:00pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Masters Swimmers (Lanes 1-3) | 5:45am – 7:00am | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Swim Team (Full Pool) | 4:00pm - 6:30pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Lap Swim (Lanes 1-4) | 6:30pm – 7:30pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Youth Rec Swim (Lanes 5-6) | 6:30pm – 7:30pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Arthritis Aquatics Class | 11:00am – 12:00pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Water Volleyball | 12:00pm – 1:30pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Homeschool Gym | 1:30pm – 2:30pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Swim Team | 4:00pm – 6:00pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Family Swim | 6:00pm – 7:30pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p style="text-align: center;"><u>Saturday</u></p> <p><u>Verhulst (Big Pool)</u></p> <table> <tr><td>Lap Swim (Lanes Vary)</td><td>7:00am – 2:00pm</td></tr> <tr><td>Swim Team (Occasionally)</td><td>8:00am - 9:30am</td></tr> <tr><td>Swim Lessons (Lanes 1-2 & 6)</td><td>9:45am -10:45am</td></tr> <tr><td>Youth Rec Swim (Lanes 5-6)</td><td>10:45am – 2:00pm</td></tr> </table> | Lap Swim (Lanes Vary) | 7:00am – 2:00pm | Swim Team (Occasionally) | 8:00am - 9:30am | Swim Lessons (Lanes 1-2 & 6) | 9:45am -10:45am | Youth Rec Swim (Lanes 5-6) | 10:45am – 2:00pm | <p style="text-align: center;"><u>Saturday</u></p> <p><u>Garton (Small Pool)</u></p> <table> <tr><td>Swim Team (Occasionally)</td><td>8:00am – 9:00am</td></tr> <tr><td>Swim Lessons</td><td>9:15am – 10:45am</td></tr> <tr><td>Family Swim</td><td>10:45am – 2:00pm</td></tr> </table> <p>New Added Hour of Family Swim!</p> | Swim Team (Occasionally) | 8:00am – 9:00am | Swim Lessons | 9:15am – 10:45am | Family Swim | 10:45am – 2:00pm | | | | | | | | | | | | |
| Lap Swim (Lanes Vary) | 7:00am – 2:00pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Swim Team (Occasionally) | 8:00am - 9:30am | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Swim Lessons (Lanes 1-2 & 6) | 9:45am -10:45am | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Youth Rec Swim (Lanes 5-6) | 10:45am – 2:00pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Swim Team (Occasionally) | 8:00am – 9:00am | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Swim Lessons | 9:15am – 10:45am | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Family Swim | 10:45am – 2:00pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p style="text-align: center;"><u>Sunday (Members Only)</u></p> <p><u>Verhulst (Big Pool)</u></p> <table> <tr><td>Lap Swim (Lanes 1-5)</td><td>11:00am – 3:30pm</td></tr> <tr><td>Youth Rec Swim (Lanes 6)</td><td>11:00am – 3:30pm</td></tr> </table> <p>New Extended Hour!</p> | Lap Swim (Lanes 1-5) | 11:00am – 3:30pm | Youth Rec Swim (Lanes 6) | 11:00am – 3:30pm | <p style="text-align: center;"><u>Sunday (Members Only)</u></p> <p><u>Garton (Small Pool)</u></p> <table> <tr><td>Family Swim & Water Walking</td><td>11:00am – 2:30pm</td></tr> <tr><td>Birthday Party or Water Volleyball</td><td>2:30pm – 3:30pm</td></tr> </table> <p>New Added Hour for Family Swim & Water Walking!</p> | Family Swim & Water Walking | 11:00am – 2:30pm | Birthday Party or Water Volleyball | 2:30pm – 3:30pm | | | | | | | | | | | | | | | | | | |
| Lap Swim (Lanes 1-5) | 11:00am – 3:30pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Youth Rec Swim (Lanes 6) | 11:00am – 3:30pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Family Swim & Water Walking | 11:00am – 2:30pm | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Birthday Party or Water Volleyball | 2:30pm – 3:30pm | | | | | | | | | | | | | | | | | | | | | | | | | | |

SASD No School Days: 1/16, 1/19, 2/16, 2/27 Additional Family Swim Added in Garton Pool and Rec Swim in Verhulst Pool 2:30pm – 4:00pm.

Looking for more swimming opportunities? Y Members can enjoy the Sheboygan Falls Aquatic Center at no cost with their Y membership! Check out their pool hours here:



*Updated: 1/15/25
*Schedule subject to change without notice