

Sheboygan Y Pool Schedule



Winter 1: January 15 – February 22, 2026

<p><u>Monday</u></p> <p><u>Verhulst (Big Pool)</u></p> <p>Lap Swim (Lanes Vary) 5:00am – 4:00pm Masters Swimmers (Lanes 1-3) 5:45am – 7:00am Shallow Water Aerobics (Lanes 1-3)** 8:30am – 9:30am Swim Team (Full Pool) 4:00pm – 6:30pm PM Swim Lessons (Lanes 1-2) 6:30pm - 7:00pm Lap Swim (Lanes 3-5) 6:30pm – 7:30pm Youth Rec Swim (Lane 6) 6:30pm – 7:30pm ** Limited lap swim availability 8:30-9:30a</p>	<p><u>Monday</u></p> <p><u>Garton (Small Pool)</u></p> <p>Arthritis Aquatics Class 11:00am – 12:00pm Swim Team 4:00pm – 6:00pm Water Volleyball 6:00pm - 7:30pm</p>
<p><u>Tuesday</u></p> <p><u>Verhulst (Big Pool)</u></p> <p>Lap Swim (Lanes Vary) 5:00am – 7:30pm Shallow Water Aerobics (Lanes 1-3) 8:30am – 9:30am Swim Team (Lanes 1-2) 4:00pm – 5:00pm PM Swim Lessons (Lanes 1-2 & 6) 4:00pm – 6:00pm Youth Rec Swim (Lane 6) 6:00pm – 7:30pm ** Limited lap swim availability 4-6p</p>	<p><u>Tuesday</u></p> <p><u>Garton (Small Pool)</u></p> <p>Water Walking 7:00am – 10:15am Day Care Preschoolers 9:30am – 10:15am Ai Chi Class 10:30am – 11:00am Arthritis Aquatics Class 11:00am – 11:45am Water Volleyball 12:00pm – 1:30pm PM Group Swim Lessons 4:00pm – 6:00pm Family Swim & Water Walking 6:00pm – 7:30pm</p>
<p><u>Wednesday</u></p> <p><u>Verhulst (Big Pool)</u></p> <p>Lap Swim (Lanes Vary) 5:00am – 4:00pm Masters Swimmers (Lanes 1-3) 5:45am – 7:00am Shallow Water Aerobics (Lanes 1-3) 8:30am – 9:30am Swim Team (Full Pool) 4:00pm - 6:30pm PM Swim Lessons (Lanes 1-2 & 6) 6:00pm – 7:30pm Lap Swim (Lanes 3-5) 6:30pm – 7:30pm Youth Rec Swim (Lane 6) 6:30pm – 7:30pm</p>	<p><u>Wednesday</u></p> <p><u>Garton (Small Pool)</u></p> <p>AM Group Swim Lessons 9:45am – 10:45am Family Swim & Water Walking 10:45am – 12:00pm Swim Team 4:00pm – 5:00pm PM Group Swim Lessons 5:00pm – 6:30pm Family Swim & Water Walking 6:30pm – 7:30pm</p>





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<u>Thursday</u>	<u>Thursday</u>
<u>Verhulst (Big Pool)</u>	<u>Garton (Small Pool)</u>
Lap Swim (Lanes Vary)	5:00am – 6:00pm
Deep Water Aerobics (Lanes 1-3)	8:30am - 9:30am
Swim Team (Lanes 1-2)	4:00pm – 5:00pm
Sheboygan Christian (Lane 4)	4:30pm – 5:45pm
Swim Lessons (Lanes 1-2, 6)	4:00pm – 6:00pm
Swim Team (Full Pool)	6:00pm – 7:30pm
** Limited lap swim availability 4-6p	
<u>Friday</u>	<u>Friday</u>
<u>Verhulst (Big Pool)</u>	<u>Garton (Small Pool)</u>
Lap Swim (Lanes Vary)	5:00am – 4:00pm
Masters Swimmers (Lanes 1-3)	5:45am – 7:00am
Swim Team (Full Pool)	4:00pm - 6:30pm
Lap Swim (Lanes 1-4)	6:30pm – 7:30pm
Youth Rec Swim (Lanes 5-6)	6:30pm – 7:30pm
<u>Saturday</u>	<u>Saturday</u>
<u>Verhulst (Big Pool)</u>	<u>Garton (Small Pool)</u>
Lap Swim (Lanes Vary)	7:00am – 2:00pm
Swim Team (Occasionally)	8:00am - 9:30am
Swim Lessons (Lanes 1-2 & 6)	9:45am -10:45am
Youth Rec Swim (Lanes 5-6)	10:45am – 2:00pm
Sunday (Members Only)	Sunday (Members Only)
<u>Verhulst (Big Pool)</u>	<u>Garton (Small Pool)</u>
Lap Swim (Lanes 1-5)	11:00am – 3:30pm
Youth Rec Swim (Lanes 6)	11:00am – 3:30pm
New Extended Hour!	Family Swim & Water Walking!

SASD No School Days: 1/16, 1/19, 2/16, 2/27 Additional Family Swim Added in Garton Pool and Rec Swim in Verhulst Pool 2:30pm – 4:00pm.

Looking for more swimming opportunities? Y Members can enjoy the Sheboygan Falls Aquatic Center at no cost with their Y membership! Check out their pool hours here:



*Updated: 1/15/25
*Schedule subject to change without notice