

Sheboygan YMCA Pool Schedule

Spring 2: April 1 – June 9, 2024



<p style="text-align: center;"><u>Monday</u></p> <p><u>Verhulst (Big Pool)</u></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>Lap Swim</td><td style="text-align: right;">5:00am – 3:45pm</td></tr> <tr><td>Shallow Water Aerobics (3 lanes)</td><td style="text-align: right;">8:30am – 9:30am</td></tr> <tr><td>Swim Team (Full Pool)</td><td style="text-align: right;">4:00pm – 5:30pm</td></tr> <tr><td>Swim Lessons (2 lanes)</td><td style="text-align: right;">5:30pm - 7:00pm</td></tr> <tr><td>Lap Swim (2 lanes)</td><td style="text-align: right;">5:30pm – 7:30pm</td></tr> <tr><td>Youth Rec Swim (2 lanes)</td><td style="text-align: right;">5:30pm – 7:30pm</td></tr> </table>	Lap Swim	5:00am – 3:45pm	Shallow Water Aerobics (3 lanes)	8:30am – 9:30am	Swim Team (Full Pool)	4:00pm – 5:30pm	Swim Lessons (2 lanes)	5:30pm - 7:00pm	Lap Swim (2 lanes)	5:30pm – 7:30pm	Youth Rec Swim (2 lanes)	5:30pm – 7:30pm	<p style="text-align: center;"><u>Monday</u></p> <p><u>Garton (Small Pool)</u></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>Adult Water Walking</td><td style="text-align: right;">5:00am – 11:00am</td></tr> <tr><td>Arthritis Aquatics Class</td><td style="text-align: right;">11:00am – 12:00pm</td></tr> <tr><td>Water Volleyball</td><td style="text-align: right;">12:00pm – 1:30pm</td></tr> <tr><td>Adult Water Walking</td><td style="text-align: right;">1:30pm – 4:00pm</td></tr> <tr><td>Swim Team</td><td style="text-align: right;">4:00pm – 5:00pm</td></tr> <tr><td>Swim Lessons</td><td style="text-align: right;">5:30pm – 6:00pm</td></tr> <tr><td>Adult Water Walking</td><td style="text-align: right;">6:00pm – 7:30pm</td></tr> </table>	Adult Water Walking	5:00am – 11:00am	Arthritis Aquatics Class	11:00am – 12:00pm	Water Volleyball	12:00pm – 1:30pm	Adult Water Walking	1:30pm – 4:00pm	Swim Team	4:00pm – 5:00pm	Swim Lessons	5:30pm – 6:00pm	Adult Water Walking	6:00pm – 7:30pm								
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Friday, April 19: Healthy Kids Day Event

Youth

Rec & Family Swim in Both Pools 6-8pm. *No lap swim 5:30-8pm.*

**Schedule subject to change without notice – Last Updated 3/27/2024*