



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

MEMBERSHIP MEANS MORE

More than just a gym, a pool, or a place for fitness, YMCA members experience a sense of belonging that can't be found anywhere else! Our locations give our friends and neighbors across Sheboygan County many ways to take charge of their health through our growing programs and services.

MEMBERSHIP BENEFITS

- FREE Child Watch (with a family membership) while you work out.
- FREE new member orientation
- Special member rates and priority registration for programs and classes
- FREE group exercise classes, water exercise and indoor cycling
- FREE access to indoor pools at the Sheboygan YMCA and Sheboygan Falls Aquatic Center
- FREE access to both the Sheboygan YMCA and Sheboygan Falls YMCA locations
- No contract. Ask staff about our cancellation policy
- AWAY privileges at Ys across the nation

MONTHLY MEMBERSHIP RATES

| | |
|--------------------------------|------|
| Family | \$77 |
| Single Parent w/One Child | \$69 |
| Couples | \$69 |
| Adult (Age 25+) | \$46 |
| Senior Adult (Age 65+) | \$41 |
| Young Adult (Ages 18 - 24) | \$39 |
| High School | \$21 |
| Youth (Ages 7 - 14) | \$18 |
| Preschool (6 Months - 6 Years) | \$15 |

PAYMENT OPTIONS

Continuous Bank Draft: Choose either checking or savings account or credit/debit card to be debited automatically on the 20th of each month.

Annual Membership: Dues may be paid in full upon joining and renewed at the end of term. Receive a 5% discount when fees are paid in full for one year.

Financial Assistance: Those with total household income of less than \$60,000 may qualify. Proof of income is required. Please ask Y staff for details.

COMMUNITY PROGRAMS

The YMCA offers programs that positively impact all of our community.

- YMCA Diabetes Prevention Program
- LIVESTRONG® at the YMCA

PROGRAMS FOR ALL

- Adult Basketball, Volleyball and Racquetball
- Camp Y-Koda Youth Summer Camps and School Year Programs
- Child Care (preschool, before and after school)
- Fine Arts Programs (dance and drama)
- Fitness Classes, including SilverSneakers®
- Gymnastics
- Health Seminars and Information Fairs
- Swimming Lessons (youth and adult)
- Youth Sports
- Volunteer Opportunities

