



**Sheboygan YMCA – Gym Schedule
December 29-January 4, 2024/25**



Lohmann Gym

Monday

Open Gym 5am-8:55pm

Tuesday

Open Gym 5am-3:55pm

Y-Closed at 4pm

Wednesday

Y-Closed New Year's Day

Thursday

Open Gym 5am-8:15am
Silver Sneakers 8:20am-9:40am
Open Gym/Adv pb 9:45am-3pm
Open Gym 3pm-8:55pm

Friday

Open Gym 5am-9:15am
Open Pickleball 9:30am-11:30am
Open Gym/Pb 11:30am – 12:30pm
Open Gym 12:30pm-8:55pm

Saturday

Youth Bball league 8am-12pm
Open Gym 12pm-4:55pm

Sunday – 7am-3:55pm Open Gym

Gym Schedule is subject to change

East Gym

Monday

Closed
Happy New Year!!

Tuesday

Open Gym 5am-7:30am
Adult Volleyball 7:30am-10:30am
Advanced Pb 10:30am-12pm
Open Pickleball 12pm-3pm
Open Youth Gym 3pm-7:30pm
Pb Res/Badminton 7:30pm-8:45pm

Y-Closed at 4pm

Wednesday

Y-Closed New Years Day

Thursday

Open Gym 5am-7:30am
Adult Volleyball 7:30am-10:30am
Open Pickleball 10:30am-1pm
Reach Fwd Group 1pm-2pm
Advanced Pb 2pm-4pm
Bball practices 4:30pm-7:30pm

Friday

Open Pickleball 9am-12:30am
Open Gym 12:30pm-3:30pm
B&G Club 3:30pm-4:30pm
Open Youth Gym 4:30pm-8:55pm

Saturday

Youth Bball League 8am-1pm
Open Gym(youth) 1pm-3:30pm
Pb Reservations 3:30pm-4:45pm

Sunday – 7:30am-3pm Pickleball reservations

Muth Gym

Monday

Open Gym 5am-9:15am
YDC 9:15am-11:15am
Open Gym 11:15am-4pm
YDC 4pm-5pm
Open Family Gym 5pm-8:55pm

Tuesday

Open Family Gym 5am-3:55pm

Y Closed at 4pm

Wednesday

Y-Closed New Year's Day

Thursday

Open Gym 5am-9:15am
YDC 9:15am-11:15am
Open Gym 11:15pm-2:30pm
Warriner HS 2:30pm-3pm
YDC 3:30-4:30pm
Open Gym 5pm-8:55pm

Friday

Open Gym 5-9:15am
YDC 9:15-11:15am
Open Gym 11:15am-4pm
YDC 4pm-5pm

Saturday

Open Gym(rentals/youth/family)7am-4:55pm

Sunday –(rentals/youth/family) 7am-3:55pm