



Sheboygan YMCA – Gym Schedule
February 25 – April 22, 2023



Lohmann Gym

Monday

Open Gym 5-8:15am
 Silver Sneakers 8:20-9:40am
 Pickleball 9:40-11:30am
 Adult Basketball 11:30am – 1pm
 Open Gym 1pm-5:30pm
 Women’s Volleyball 5:45-9pm

Tuesday

Open Gym 5-8:15am
 Silver Sneakers 8:20-9:40am
 Open Gym 9:40am-5:30pm & 7:30-9pm
 Youth Volleyball 5:45-7:30pm

Wednesday

Open Gym 5-8:15am
 Silver Sneakers 8:20-9:30am
 Warriner MS 9:30 – 10:30am
 Adult Basketball 11:30am – 1pm
 Open Gym 1pm-8:55pm

Thursday

Open Gym 5-8:15am
 Silver Sneakers 8:20-9:40am
 Open Gym 9:40am-4:30pm
 Coed Volleyball 5:30-9pm

Friday

Open Gym 5-8:15am
 Silver Sneakers 8:20-9:40am
 Pickleball 9:40-11:30am
 Adult Basketball 11:30am – 1pm
 Open Gym 1pm-8:55pm

Saturday

Youth Basketball 8am-11:30am
 Open Gym 12:30-4:55pm

Sunday – 7am-3:55pm (Members only)

Gym Schedule is subject to change

East Gym

Monday

Open Gym 5am-9am
 Pickleball 9-11:30am
 Reach Fwd Group 1-2pm
 Open Gym 2-4:45pm
 B&G Club 4:45-5:30pm
 Open Gym 5:30-8:55pm

Tuesday

Open Gym 5-7:30am
 Adult Volleyball 7:30-10am
 Open Gym 10am-8:55pm
 Youth Volleyball 5:45-7:30pm
 Badminton/Pickle Ball 7:35-8:45pm

Wednesday

Open Gym 5-9:30am
 Warriner MS PE 9:30-10:30am
 Open Gym 11am-4:45pm
 B&G Club 4:45-5:30pm
 Open Gym 5:30-8:55pm

Thursday

Open Gym 5-7:30am
 Adult Volleyball 7:30-10am
 Open Gym 10am-1pm
 Reach Fwd Group 1-2pm
 Open Gym 2-4pm
 Volleyball 4:30-9pm

Friday

Pickleball 9-11:30am
 St. Pauls PE 12:30-1:30pm
 Open Gym 1:30-4pm
 B&G Club 4:45-5:20pm
 Badminton/Pickle Ball 5:30-8:30pm

Saturday

Open Gym 12:30-4:55pm

Sunday – 7am-12pm Pickleball/Badminton

Open Gym 12pm-3:55pm (Y Members only)

Muth Gym

Monday

Open Gym 5-8:30am, 11am-4pm
 YDC 8:30-11am, 4-5pm
 Mighty Mite T-Ball 5-6pm
 Open Gym 6pm-8:55pm

Tuesday

Open Gym 5-8:30am
 YDC 8:30-11am, 4-4:45pm
 Open Gym 12:15-4pm
 PeeWee Sports 4:45-5:30pm
 Open Gym 5:30-8:55pm

Wednesday

Open Gym 5-8:30am
 YDC 8:30-9:30am, 3-4:15pm
 Warriner MS PE 9:30-10:30am
 Open Gym 10:30am-3pm
 MightyMite Net 4:45-5:45pm
 Open Gym 5:45-8:55pm

Thursday

Open Gym 5-8:30am, 12:15-4pm
 YDC 8:30-11am, 4-4:30pm
 GaGa Ball/Dodgeball 4:30-5:15pm
 Coed Volleyball 5:30-9pm

Friday

Open Gym 5-8:30am
 YDC 8:30-11:15am
 St. Pauls PE 12:30-1:30pm
 Home School PE 1:30-2:30pm
 Open Gym 2:30-6pm
 Family Gym 6-8:30pm

Saturday

Open Gym 7am-4:55pm (Members)

Sunday – 7am-3:55pm (Y Members only)