



Sheboygan YMCA – Gym Schedule April 19 – May 21 , 2026



Lohmann Gym

Monday

Open Gym 5am-8:15am
 Silver Sneakers 8:20am-9:30am
 Open Pickleball 9:30am-11:30am
 Open Gym/Pb 11:30am-3pm
 Open Gym 3pm-5:30pm
 Women's Volleyball 5:30pm-9pm

Tuesday

Open Gym 5am-8:15am
 Silver Sneakers 8:20am-9:30am
 Open Gym 9:30am-8:55pm

Wednesday

Open Gym 5am-8:15am
 Silver Sneakers 8:20am-9:30am
 Open Gym 9:30am-11:30am
 Adult Basketball 11:30am – 1pm
 Open Gym 1pm-8:55pm

Thursday

Open Gym 5am-8:15am
 Silver Sneakers 8:20am-9:45am
 Open Gym 9:45am-5pm
 Coed Volleyball 5pm-8:55pm

Friday

Open Gym 5am-8:15am
 Silver Sneakers 8:30am-9:30am
 Pickle ball 9:30am-11:30am
 Adult Basketball 11:30am – 1pm
 Open Gym 1pm-9pm

Saturday

Open Gym 7am-12:30pm
 Open Gym 12:30pm-5pm

Sunday – 7am-4pm Open Gym (Members only)

Gym Schedule is subject to change

East Gym

Monday

Open Gym 5am-9am
 Open Pickleball 9am-11:30am
 PB LITE/open gym 11:30-1pm
 Reach Fwd Group 1-2pm
 Open gym/Adv. 2pm-3:30pm
 B & G Club 3:30pm-4:30pm
 Open Youth Gym 4:30pm-8:55pm

Tuesday

Open Gym 5am-7:30am
 Adult Volleyball 7:30am-10:30am
 Advanced Pb 10:30am-12pm
 Open Pickleball 12pm-3:00pm
 B & G Club 3:30pm-4:30pm
 Open Youth gym 4:30pm-7:30pm
 Pb/badm Res. 7:30pm-8:45pm

Wednesday

Open Gym 5am-8:30am
 Pickleball Lite 8:00am-9:35am
 Warriner MS PE 9:45am-10:45am
 open gym/Adv. 11am-12:30
 Pickleball 12:30-3pm
 B & G Club 3-4:30pm
 Open Yth Gym 4:30pm-8:55pm

Thursday

Open Gym 5am-7:30am
 Adult Volleyball 7:30am-10am
 Pickleball 10:30am-1pm
 Reach Fwd Group 1pm-2pm
 Teen Open Vball 3:30pm-5:30pm
 Coed Volleyball 5:30pm-9pm

Friday

Pickleball 9am-11:30pm
 PB Lite 11:30pm-1:30pm
 Open Youth Gym 1:30pm-3:30pm
 B & G Club/open Yth 3:30-6pm
 PB/Badm Res. 6pm-Close

Saturday

Open Youth Gym 7am-3:30p
 Pb reservations 3:30pm-Close

Sunday – 7:30am-3pm Pickleball reservations

Muth Gym

Monday

Open Gym 5am-9:15am
 YDC 9:15am-11:15am
 Open Gym 11:15am-3pm
 YDC 3pm-4pm
 Pee Wee/MMites 4pm-6pm
 Bball academy 6pm-7:30pm
 Open Family Gym 7:30pm-8:55pm

Tuesday

Open Gym 5-9:15am
 YDC 9:15am-11:15am
 Open Gym 11:15am-2pm
 YDC 3:30pm-5pm
 Mighty Mites 5-6pm
 Open Family Gym 6-8:55pm

Wednesday

Open Gym 5-9:30
 Warriner MS PE 9:45-10:45am
 YDC 10:45am-11:30am
 Open Gym 11:30pm-3:30pm
 YDC 3:30pm-4:30pm
 Pee Wee classes 5pm-6pm
 Open Family Gym 6pm-8:55pm

Thursday

Open Gym 5am-9:15am
 YDC 9:15am-11:15am
 Open Gym 11:15pm-2:30pm
 YDC 3:30-4:15pm
 Vball skills 4:15pm-5:30pm
 Coed Volleyball 5:30-9pm

Friday

Open Gym 5-9:15am
 YDC 9:15-11:15am
 Open Gym 11:15am-1:30pm
 Home School PE 1:30-2:30pm
 YDC 2:30pm-4pm
 Sports 101 4pm-5pm
 Open Family Gym 5pm-9pm

Saturday

Open family gym/ misc. 7am-5pm

Sunday –Open Fam/Misc. 7am-4pm