



Sheboygan YMCA – Gym Schedule April 23 – June 4, 2023



Lohmann Gym

Monday

Open Gym 5-8:15am
Silver Sneakers 8:20-9:40am
Pickleball 9:40-11:30am
Adult Basketball 11:30am – 1pm
Open Gym 1pm-5:30pm
Women’s Volleyball 5:45-9pm

Tuesday

Open Gym 5-8:15am
Silver Sneakers 8:20-9:40am
Open Gym 9:40am-8:55pm

Wednesday

Open Gym 5-8:15am
Silver Sneakers 8:20-9:30am
Warriner MS 9:30am – 10:30am
Adult Basketball 11:30am – 1pm
Open Gym 1pm-8:55pm

Thursday

Open Gym 5-8:15am
Silver Sneakers 8:45am-10:00am
Open Gym 10:00am-4:30pm
Coed Volleyball 5:30-9pm

Friday

Open Gym 5-8:15am
Silver Sneakers 8:20-9:40am
Pickleball 9:40-11:30am
Adult Basketball 11:30am – 1pm
Open Gym 1pm-8:55pm

Saturday

Open Gym 7am-4:55pm

Sunday – 10am-2pm (Members only)

Gym Schedule is subject to change

East Gym

Monday

Open Gym 5am-9am
Pickleball 9-11:30am
Reach Fwd Group 1-2pm
Open Gym 2-4:45pm
B&G Club 4:45-5:30pm
Open Gym 5:30-8:55pm

Tuesday

Open Gym 5-7:30am
Adult Volleyball 7:30-10am
Open Gym 10am-6pm
Pickle Ball(reserve) 6pm-8:30pm

Wednesday

Open Gym 5-9:30am
Warriner MS PE 9:30-10:30am
Open Gym 11am-4:45pm
B&G Club 4:45-5:30pm
Open Gym 5:30-8:55pm

Thursday

Open Gym 5-7:30am
Adult Volleyball 7:30-10am
Open Gym 10am-1pm
Reach Fwd Group 1-2pm
Open youth Gym 2-4pm
Volleyball 4:30-9pm

Friday

Pickleball 9-11:30am
Open Gym 1:30-4pm
B&G Club 4:45-5:20pm
Open Youth gym 5:20pm-8:55pm

Saturday

Open Gym(youth) 7am-4:55pm

**Sunday – 10am-2pm Pickleball/Badminton
(Y Members only)**

Muth Gym

Monday

Open Gym 5-8:30am, 11am-4pm
YDC 8:30-11am, 4-5pm
Mighty Mite B-Ball 5-6pm
Open Gym(youth)6pm-8:55pm

Tuesday

Open Gym 5-8:30am
YDC 8:30-11am, 4-4:45pm
Open Gym 12:15-4pm
PeeWee Sports 4:45-5:30pm
Open Gym(youth)5:30-8:55pm

Wednesday

Open Gym 5-8:30am
YDC 8:30-9:30am, 3-4:15pm
Warriner MS PE 9:30-10:30am
Open Gym 10:30am-3pm
MightyMite Tennis 4:45-5:45pm
Open Gym(youth) 5:45-8:55pm

Thursday

Open Gym 5-8:30am, 12:15-4pm
YDC 8:30-11am, 4-4:30pm
Coed Volleyball 5:30-9pm

Friday

Open Gym 5-8:30am
YDC 8:30-11:15am
St. Pauls PE 12:30-1:30pm
Home School PE 1:30-2:30pm
Open Gym(youth) 2:30-4pm
Kick Ball 4-5pm
Pickle ball(reservation)5:30-8:30pm

Saturday

Open Gym(rentals/youth/family)7am-4:55pm
Sunday – 10am-2pm (rentals/youth/family)