



Sheboygan YMCA – Gym Schedule April 18 – June 4, 2022



Lohmann Gym

Monday

Open Gym 5-8:15am
Silver Sneakers 8:20-9:40am
Pickle Ball 9:40-11:30am
Open Gym 11:30am-5:30pm
Women's Volleyball 5:45-9pm

Tuesday

Open Gym 5-8:15am
Silver Sneakers 8:20-9:40am
Open Gym 9:40am-8:55pm

Wednesday

Open Gym 5-8:15am
Silver Sneakers 8:20-9:40am
Open Gym 9:40am-8:55pm

Thursday

Open Gym 5-8:15am
Silver Sneakers 8:20-9:40am
Open Gym 9:40am-4:30pm
Open Gym/Yth VB 4:30-5:30pm
Coed Volleyball 5:30-9pm

Friday

Open Gym 5-8:15am
Silver Sneakers 8:20-9:40am
Pickle Ball 9:40-11:30am
Open Gym 11:30am-8:55pm

Saturday

Open Gym (Y-members 7am-4:55pm)
Open Gym (Non-members 1-4:55pm)

Sunday til 4/24– (Open Y Members only)

**Gym Schedule is subject to change
Guest Passes will not be sold if gyms
are at capacity.**

East Gym

Monday

Open Gym 5-8:15am
Pickle Ball 9:40-11:30am
Open Gym 11:30am-4pm
B&G Club 4-4:45pm
Open Gym 4:45-8:55pm

Tuesday

Open Gym 5-7:30am
Adult Volleyball 7:30-10am
Open Gym 10am-6:15pm
Open Gym/Badminton 6:30-8:55pm

Wednesday

Open Gym 5-9:30am
Warriner MS PE 9:30-10:30am
Open Gym 11:30am-4pm
B&G Club 4-4:45pm
Open Gym/Badminton 5-8:55pm

Thursday

Open Gym 5-7:30am
Adult Volleyball 7:30-10am
Open Gym 10am-1pm
Reach Fwd Group 1-2pm
Open Gym 2-4pm
YDC 4-5pm
Coed Volleyball 5:30-9pm

Friday

Open Gym 5-9am
Pickle Ball 9-11:30am
Open Gym 11:30am-4pm
YDC 4-5pm
Open Gym(5-9)/Badmt. 6:30-9pm

Saturday

Open Gym 7am-4:55pm (Y-Members)
Open Gym 1-4:55pm (Non-Members)
Sunday til 4/24– (Open Y Members only)

Muth Gym

Monday

Open Gym 5-8:30am
YDC 8:30-11am
Open Gym 11am-4pm
YDC 4-5pm
Open Gym 5-8:55pm

Tuesday

Open Gym 5-8:30am
YDC 8:30-11am
Warriner HS 11:30-12:15
Open Gym 12:15-4pm
YDC 4-5:15pm
PeeWee Sports 5:15-6:15pm
Open Gym 6:15-8:55pm

Wednesday

Open Gym 5-8:30am
YDC 8:30-9:30am
Warriner MS PE 9:30-10:30am
Open Gym 10:30am-3pm
YDC 3-5pm
Open Gym 5-8:55pm

Thursday

Open Gym 5-8:30am
YDC 8:30-11am
Warriner HS 11:30-12:15
Open Gym 12:15-4:15pm
Yth Program 4:30-5:30pm
Coed Volleyball 5:30-9pm

Friday

Open Gym 5-8:30am
YDC 8:30-11am
Open Gym 11am-4pm
Yth Program 4-5pm
Open Gym 5-8:55pm

Saturday

Open Gym 7am-4:55pm (Members)
Open Gym 1-4:55pm (Non-Members)
Sunday til 4/24– (Open Y Members only)