



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OPEN GYM POLICIES

- **OPEN GYMNASIUM IS FOR MEMBERS ONLY.**
- **The schedule is subject to change without notice.**

SHEBOYGAN FALLS YMCA GYMNASIUM SCHEDULE

JUNE 13 - JULY 2, 2022

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00am	Adult Basketball	Adult Basketball	Adult Basketball	Adult Basketball	Adult Basketball	
5:30am						
6:00am						
6:30am						
7:00am						OPEN GYM
7:30am						
8:00am	SilverSneakers®	SilverSneakers®	SilverSneakers®	SilverSneakers®	SilverSneakers®	Closed
8:30am						June 18
9:00am	Power Yogalates	Child ½ Gym	Power Yogalates	Child ½ Gym	Child ½ Gym	July 2
9:30am		Care OPEN		Care OPEN	Care OPEN	
10:00am						Tae 1/2
10:30am	Child ½ Gym		Child ½ Gym			Kwon Gym
11:00am	Care OPEN		Care OPEN			Do Open
11:30am						
12:00pm	Adult Basketball		Adult Basketball		Adult Basketball	CLOSED
12:30pm						
1:00pm						
1:30pm	Youth Camp	Youth Camp	Youth Camp	Youth Camp		
2:00pm	↓	↓	↓	↓	Nerf Battle	
2:30pm					Challenge	
3:00pm	↓	↓	↓	↓		
3:30pm	OPEN	Frosh/JV				
4:00pm		Volleyball League	Gagaball/Dodgeball	(inclement weather only)		
4:30pm		↓		Pee Wee T-Ball		
5:00pm	1/2		OPEN	↓	GYM	
5:30pm	Gym			↓	OPEN	SUNDAY
6:00pm	Open			Coach Pitch		
6:30pm				↓		Y
7:00pm			Tae Kwon Do	↓	CLOSED	CLOSED
7:30pm		↓				
8:00pm	CLOSED	CLOSED	CLOSED	CLOSED		