



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SHEBOYGAN FALLS YMCA GYM SCHEDULE

JANUARY 10 - FEBRUARY 26, 2022

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
5:00am	Adult Basketball	Adult Basketball	Adult Basketball	Adult Basketball	Adult Basketball				
5:30am									
6:00am									
6:30am									
7:00am						OPEN GYM			
7:30am									
8:00am	SilverSneakers®	SilverSneakers®	SilverSneakers®	SilverSneakers®	SilverSneakers®	Basketball			
8:30am						Games			
9:00am	Power Yogalates	Child Care	1/2 Gym	Power Yogalates	Child Care	1/2 Gym			
9:30am		Care	OPEN	Care	OPEN	OPEN			
10:00am									
10:30am	Child Care	1/2 Gym		Child Care	1/2 Gym				
11:00am	Care	OPEN		Care	OPEN				
11:30am									
12:00pm	Adult Basketball			Adult Basketball		Adult Basketball			
12:30pm									
1:00pm									
1:30pm	Child Care	Child Care	Child Care	Child Care	Child Care				
2:00pm									
2:30pm		1/2 Gym	1/2 Gym	1/2 Gym	1/2 Gym	1/2 Gym			
3:00pm		OPEN	OPEN	OPEN	OPEN	OPEN			
3:30pm									
4:00pm		Gaga Ball/Dodgeball				Nerf Battle			
4:30pm									
5:00pm	Basketball	M M Indoor Soccer		Pee Wee	Bball	1/2 Gym			
5:30pm	Practices			Bball	Soccer	Practice	OPEN	SUNDAY	
6:00pm		Bball	1/2 Gym	Practice	Basketball	1/2 Gym	Church	1/2	
6:30pm		Practice	OPEN	Taekwondo	Practices	OPEN	Sports	VBall	Gym
7:00pm							Night	League	Open
7:30pm							1/21 & 2/25		Closed
8:00pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED			1/30

OPEN GYM POLICIES

- **OPEN GYM IS FOR MEMBERS ONLY.**
- **The schedule is subject to change without notice.**