

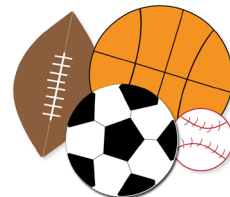


FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FALLS Y YOUTH CLASSES SEPTEMBER 2026



September						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			



	Program Session First day
	Program Session Last day
	No Program
	Holiday & No Program

Adult + Child (Ages 2-4 yrs)

Introduce your child to the exciting world of sports through fun, interactive activities designed just for toddlers! In this class, children ages 2,3,4 participate alongside an adult while exploring the basics of a variety of sports in a playful, encouraging environment.

Football - Child + Adult
Wednesday 4:45-5:15pm

Mighty Mite (Ages 5-7 yrs)

Perfect for children ages 5,6,7 who are new to sports or just beginning their athletic journey! This class focuses on teaching the basic fundamentals of a variety of sports in a fun and supportive way.

**** No prior sports experience is necessary, just come ready to learn, play, and have fun!**

Football - Mighty Mite
Wednesday 5:30-6:30pm

Sports Fun - Mighty Mite
Thursday 5:00-6:00pm

Pee Wee - No Parent (Ages 3-5 yrs)

Through age-appropriate games and activities, 3,4,5 year olds will develop basic skills such as throwing, catching, kicking, running, jumping, balance, and coordination while building confidence and teamwork.

Football - Pee Wee
Monday 4:00-4:45pm

Youth (Ages 7-10 yrs)

Stay active after school with a fun mix of sports, games, and recreational activities! This class is a great way for kids to keep moving, try new sports, build friendships, and have fun while staying active between seasons. Each session features a variety of exciting games and activities!

Tennis (Ages 7-10 yrs)
Thursday 4:00-4:45pm

Team Challenges - Youth
Friday 4:00-4:45pm

Sports Academy (Ages 7-10 yrs)

The Sports Academy is designed for young athletes ages 7,8,9,10 who already have experience playing sports and are ready to take their skills to the next level. This program emphasizes advanced skill development, game awareness, speed, agility, coordination, and overall athletic performance through high-energy drills and competitive activities.

**** This class is best suited for children with prior sports experience who are looking for a faster-paced, more challenging program to help prepare them for league play and future competition.**

Basketball - Academy
(2 months)
Monday 5:00-6:00pm

Register online at
SHEBOYGANCOUNTYYMCA.ORG
or Stop at the Welcome Desk

