

**Waiver Of Liability**

In consideration of the acceptance of my entry in the Freedom Run on July 4, 2026 I release the Sheboygan County YMCA, HSHS St. Nicholas Hospital, Prevea Health, Bolgert Mediation, Plenco, Navigen Wealth Management, Rockline Industries, Wigwam Sock Co., Festival Foods, Zimmermann Printing, the City of Sheboygan, Wisconsin and any other entities and individuals who are in any way connected with the event (including volunteers assisting with the event) from any liability or claims for any injury or illness which I sustain during my participation in this event or which is in any other way related to this event.

I understand that this release is being relied upon by the persons permitting me to participate. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose.

**Signature** \_\_\_\_\_

**Payment**

- Cash
- Check # \_\_\_\_\_
- Credit Card
  - Account # \_\_\_\_\_
  - Exp Date \_\_\_\_\_ Security Code \_\_\_\_\_
  - Print Name \_\_\_\_\_
  - Signature \_\_\_\_\_

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Event Sponsors



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SATURDAY  
JULY 4, 2026  
SHEBOYGAN YMCA

**START TIME 7:30AM**

2 MILE WALK | 2 MILE RUN | 5 MILE RUN

## Events

### 2 Mile Walk • 2 Mile Run • 5 Mile Run

- Walkers will not be timed.
- Race scored on chip time.

## Entry Fee

- \$20.00 Run/Walk/Virtual
- \$5.00 Add on fee for cotton shirt

## Information

- T-shirt availability cannot be guaranteed after Friday, June 19, 2026.
- People who are pre-registered may pick up their race packets at the Sheboygan YMCA on Friday, July 3 from 11:00pm - 6:00pm.
- \$5 Registration price increase after May 31
- Race day registration & packet pick-up is at the Sheboygan Y from 6:15am - 7:15am.

## Award Age Divisions

6 & under	7-8	9-10	11-12	13-14
15-16	17-19	20-24	25-29	30-34
35-39	40-44	45-49	50-54	55-59
60-64	65-69	70-74	75-79	80+

## Awards

- Awards will be given to the overall male and female winners in the 2 mile and 5 mile run and the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place finishers in each age group.
- Participation ribbons will be given to all youth age 12 and under.

## Results

Results will be posted at the Sheboygan YMCA and at [www.sheboygancountyyymca.org](http://www.sheboygancountyyymca.org). Results will not be mailed.

## Directions From I-43

Take the Hwy 23 exit east, which becomes Kohler Memorial Drive and eventually Erie Avenue. Turn right on 6<sup>th</sup> Street, go six blocks to Pennsylvania Avenue, turn left three blocks to Broughton Drive. The Sheboygan YMCA is three blocks north.

## Registration Options

- 1. On-line at [www.runsignup.com](http://www.runsignup.com).** Search: Sheboygan YMCA Freedom Run. Additional fees will apply.
  - You may also find the link on our website [www.sheboygancountyyymca.org](http://www.sheboygancountyyymca.org).
- 2. Scan and email** registration form and waiver with your credit card information to [harpke@sheboygancountyyymca.org](mailto:harpke@sheboygancountyyymca.org).
- 3. In person** at the Sheboygan YMCA or the Sheboygan Falls YMCA.
- 4. Mail** to the Sheboygan YMCA at the address listed on the registration form.

## Showers

Showers will be available at the Sheboygan YMCA until 11:00am to all entrants after the event. Please remove all personal belongings by 11:00am.

## Event Proceeds

Don't miss the 42nd annual Y Freedom Run Event! Your participation benefits the YMCA Annual Campaign, which provides Y member scholarship to at risk youth, teens & families.

## Questions and Additional Forms

- Call the Sheboygan YMCA at 920-451-8000
- Email [harpke@sheboygancountyyymca.org](mailto:harpke@sheboygancountyyymca.org)

Download additional registration forms from our website [www.sheboygancountyyymca.org](http://www.sheboygancountyyymca.org).



## SHEBOYGAN YMCA

812 Broughton Dr, Sheboygan, WI 53081  
P 920-451-8000 • F 920-451-8019

## 2026 Sheboygan YMCA Freedom Run One form per entrant. Please print.

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Birth Date \_\_\_\_\_

Phone # \_\_\_\_\_

Email \_\_\_\_\_

Age as of 7/4/26 \_\_\_\_\_

Event	Gender
<input type="checkbox"/> 2 Mile Walk	<input type="checkbox"/> Female
<input type="checkbox"/> 2 Mile Run	<input type="checkbox"/> Male
<input type="checkbox"/> 5 Mile Run	
<input type="checkbox"/> Virtual Run	
To receive a walking time, enter 2-mile run	
Entry Fee (3/1-5/31)	Entry Fee (6/1-7/4)
<input type="checkbox"/> \$20.00 No Shirt	<input type="checkbox"/> \$25.00 No Shirt
<input type="checkbox"/> \$25.00 Cotton Shirt	<input type="checkbox"/> \$30.00 Cotton Shirt
<input type="checkbox"/> I prefer to sleep in please accept my donation \$_____	
Shirt Selection	
<input type="checkbox"/> Cotton Shirt	
Youth Shirts	Adult Unisex Shirts
<input type="checkbox"/> Small (6/8)	<input type="checkbox"/> Small
<input type="checkbox"/> Medium (10/12)	<input type="checkbox"/> Medium
<input type="checkbox"/> Large (14/16)	<input type="checkbox"/> Large
	<input type="checkbox"/> Extra Large
	<input type="checkbox"/> XX Large - Add \$3

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**Waiver and Payment Information**