

**SHEBOYGAN YMCA**

812 Broughton Drive, Sheboygan, WI 53081

P 920-451-8000 • F 920-451-8019

[www.sheboygancountymca.org](http://www.sheboygancountymca.org)**2026 SPRING ADULT 5X5 FLAG FOOTBALL LEAGUE**  
**APRIL 18 - JUNE 3, 2026**  
**SATURDAY, 8:00AM - 12:00PM****Ages 18+**

Come join our 5x5 Adult Flag Football League. This is a non-blocking league for adults. Standings will be kept and a champion will be crowned! Form your own team or sign up as a free agent. Games will be played at Vollrath Park in Sheboygan.

- League runs 8 weeks. Schedules will be emailed to captains by the first week of play.
- Please contact Taylor at [tzastrow@sheboygancountymca.org](mailto:tzastrow@sheboygancountymca.org) or 920-451-8000 x121 for more information.
- **The registration deadline is April 11, 2026.**

**SHEBOYGAN YMCA 2026 SPRING ADULT 5X5 FOOTBALL LEAGUE**  
Please return to the Sheboygan YMCA, 812 Broughton Drive, Sheboygan, WI 53081

Free Agent Name \_\_\_\_\_

 M  F **OR**

Team Name \_\_\_\_\_ Team Leader \_\_\_\_\_

Email Required \_\_\_\_\_ Phone 1 \_\_\_\_\_ Birthday \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_**Player Name**1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_**Phone #**1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_**Player Name**6. \_\_\_\_\_  
7. \_\_\_\_\_  
8. \_\_\_\_\_  
9. \_\_\_\_\_  
10. \_\_\_\_\_**Phone #**1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_**HOLD HARMLESS AGREEMENT**

I hereby agree to waive any claim or liability I may have on the YMCA arising out of use of the facility, and further agree that I will indemnify and save harmless the YMCA from any and all claims brought against the YMCA, its members and volunteers, on account of death, injury, or damage to persons or property received by any persons by reason of the acts or omissions of the users in their use. I also agree to waive any claims against the YMCA, its members and volunteers for injuries or damages that may result from the conduct of other persons, including participants in the program. I understand the above responsibilities and I give permission for my team to participate and be photographed in YMCA activities.

Captain's Signature \_\_\_\_\_ Date \_\_\_\_\_

**ADULT 5X5 FLAG FOOTBALL LEAGUE** \$200.00 Team Fee  
 \$30.00 **Free Agent****PREFERRED SHIRT/JERSEY COLOR**1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_**Email form with payment to:**  
**Taylor Zastrow: [tzastrow@sheboygancountymca.org](mailto:tzastrow@sheboygancountymca.org)****PAYMENT** Cash  Check  Credit Card # \_\_\_\_\_ Exp Date \_\_\_\_\_ 3 Digit Code \_\_\_\_\_

Amount Paid \_\_\_\_\_ Rec'd By \_\_\_\_\_ Date \_\_\_\_\_