

Waiver Of Liability

In consideration of the acceptance of my entry in the Freedom Run on July 4, 2025 I release the Sheboygan County YMCA, HSHS St. Nicholas Hospital, Prevea Health, Bolgert Mediation, Plenco, Navigen Wealth Management, Rockline Industries, Festival Foods, Zimmermann Printing, the City of Sheboygan, Wisconsin and any other entities and individuals who are in any way connected with the event (including volunteers assisting with the event) from any liability or claims for any injury or illness which I sustain during my participation in this event or which is in any other way related to this event.

I understand that this release is being relied upon by the persons permitting me to participate. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature _____

Parent/guardian signature if entrant is under 18.

Payment

- ☐ Cash
- ☐ Check # _____
- ☐ Credit Card
- Account # _____
- Exp Date _____ Security Code _____
- Print Name _____
- Signature _____

This event was made possible
by support from:

Event Sponsors



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Healthy Refreshment Sponsor:



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FRIDAY
JULY 4, 2025
SHEBOYGAN YMCA

START TIME 7:30AM

2 MILE WALK | 2 MILE RUN | 5 MILE RUN

Events

2 Mile Walk • 2 Mile Run • 5 Mile Run

- Walkers will not be timed.
- Race scored on chip time.

Entry Fee

- \$20.00 Run/Walk/Virtual
- \$5.00 Add on fee for cotton shirt
- \$10.00 add on fee for dri-fit shirt

Information

- T-shirt availability cannot be guaranteed after Friday, June 20, 2025.
- People who are pre-registered may pick up their race packets at the Sheboygan YMCA on Thursday, July 3 from 11:00pm - 6:00pm.
- \$5 Registration price increase after June 1
- Race day registration & packet pick-up is at the Sheboygan Y from 6:15am - 7:15am.

Award Age Divisions

6 & under	7-8	9-10	11-12	13-14
15-16	17-19	20-24	25-29	30-34
35-39	40-44	45-49	50-54	55-59
60-64	65-69	70-74	75-79	80+

Awards

- Awards will be given to the overall male and female winners in the 2 mile and 5 mile run and the 1st, 2nd and 3rd place finishers in each age group.
- Participation ribbons will be given to all youth age 12 and under.

Results

Results will be posted at the Sheboygan YMCA and at **www.sheboygancountyyymca.org**. Results will not be mailed.

Directions From I-43

Take the Hwy 23 exit east, which becomes Kohler Memorial Drive and eventually Erie Avenue. Turn right on 6th Street, go six blocks to Pennsylvania Avenue, turn left three blocks to Broughton Drive. The Sheboygan YMCA is three blocks north.

Registration Options

1. **On-line at www.runsignup.com.** Search: Sheboygan YMCA Freedom Run. Additional fees will apply.
- You may also find the link on our website **www.sheboygancountyyymca.org**.
2. **Scan and email** registration form and waiver with your credit card information to harpke@sheboygancountyyymca.org.
3. **In person** at the Sheboygan YMCA or the Sheboygan Falls YMCA.
4. **Fax** registration form and waiver with your credit card information to 920-451-8019.
5. **Mail** to the Sheboygan YMCA at the address listed on the registration form.

Showers

Showers will be available at the Sheboygan YMCA until 11:00am to all entrants after the event. Please remove all personal belongings by 11:00am.

Event Proceeds

Don't miss the 39th annual Freedom Run Event! Your participation benefits the YMCA Partners with Youth Program, which provides Y member scholarship to at risk youth & teens.

Questions and Additional Forms

- Call the Sheboygan YMCA at 920-451-8000
- Email harpke@sheboygancountyyymca.org

Download additional registration forms from our website **www.sheboygancountyyymca.org**.



SHEBOYGAN YMCA

812 Broughton Dr, Sheboygan, WI 53081
P 920-451-8000 • F 920-451-8019

2025 Sheboygan YMCA Freedom Run

One form per entrant. Please print.

First Name _____

Last Name _____

Address _____

City _____ State _____

Zip _____ Birth Date _____

Phone # _____

Email _____

Age as of 7/4/25 _____

Event		Gender	
<input type="checkbox"/>	2 Mile Walk	<input type="checkbox"/>	Female
<input type="checkbox"/>	2 Mile Run	<input type="checkbox"/>	Male
<input type="checkbox"/>	5 Mile Run		
To receive a walking time, enter 2-mile run			
Entry Fee (3/1-5/31)		Entry Fee (6/1-7/4)	
<input type="checkbox"/>	\$20.00 No Shirt	<input type="checkbox"/>	\$25.00 No Shirt
<input type="checkbox"/>	\$25.00 Cotton Shirt	<input type="checkbox"/>	\$30.00 Cotton Shirt
<input type="checkbox"/>	\$30.00 Dri-Fit Shirt	<input type="checkbox"/>	\$35.00 Dri-Fit Shirt
<input type="checkbox"/>	\$20.00 Virtual	<input type="checkbox"/>	\$25.00 Virtual
<input type="checkbox"/>	I prefer to sleep in please accept my donation \$ _____		
Shirt Selection			
<input type="checkbox"/>	Cotton Shirt	<input type="checkbox"/>	Dri-Fit Shirt
Youth Shirts		Adult Unisex Shirts	
<input type="checkbox"/>	Small (6/8)	<input type="checkbox"/>	Small
<input type="checkbox"/>	Medium (10/12)	<input type="checkbox"/>	Medium
<input type="checkbox"/>	Large (14/16)	<input type="checkbox"/>	Large
		<input type="checkbox"/>	Extra Large
		<input type="checkbox"/>	XX Large - Add \$3

**continue to reverse side for ►
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