

SHEBOYGAN FALLS YMCA

305 Buffalo Street, Sheboygan Falls, WI 53085

P 920-467-2464 • F 920-467-4641

www.sheboygancountyyymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FALL 2025 SPORTS CONNECTION

BASKETBALL CONDITIONING

SEPTEMBER 9 - OCTOBER 20, 2025

Boys and Girls in Grades 3 - 5



If you want to get into shape for the upcoming basketball season, come join our conditioning class on Monday nights! You will work on quickness, strength and agility while having fun working out. This class will give you a jump start on your competition for the season.

Mon..... 4:30pm - 5:15pm

BASKETBALL SKILLS/DRILLS & CONDITIONING

NOVEMBER 3, 10, 17, 2025

Boys and Girls in Grades 3 - 6

If you want to get into shape for the upcoming basketball season, come join our conditioning class on Monday nights! You will work on quickness, strength and agility while having fun working out. This class will give you a jump start on your competition for the season.

Mon..... 4:30pm - 5:30pm

Contact: Halle Boldt for more information:
(920)467-2464 or hboldt@sheboygancountyyymca.org

GIRLS TEAM SPORTS CONNECTION

SEPTEMBER 10 - OCTOBER 22, 2025

Girls in Grades 3-5

This class is designed specifically for young girls, providing a fun, welcoming, and empowering environment where they can build relationships, discover new sports, and grow — both physically and emotionally. Through an introduction to foundational sports such as basketball, soccer, and volleyball, girls will not only learn the basics of physical play, but also develop life skills. This is more than just a sports class, girls will learn how to build connections, support one another and stay active!

Wed..... 5:30pm - 6:30pm

VOLLEYBALL SKILLS N DRILLS

SEPTEMBER 11 - OCTOBER 23, 2025

Girls Ages 8 - 12



This class is for all skill levels. It will have an emphasis on skills and fundamentals. We will also work on volleyball match type situations with actual volleyball matches to follow. This is a great start if you're just starting out playing volleyball or working toward playing for your middle school volleyball leagues!

Thur 5:15pm - 6:15pm

SHEBOYGAN FALLS YMCA 2025 FALL SPORTS CONNECTION

Please return to the Sheboygan Falls YMCA, 305 Buffalo Street, Sheboygan Falls, WI 53085

Parent/Guardian _____ Birth Date _____ ☐ M ☐ F
Email _____ Phone _____
Child _____ Birth Date _____ Grade _____ ☐ M ☐ F
School _____
Address _____ City _____ State _____ Zip _____

Hold Harmless Agreement

I hereby agree to waive any claim or liability I may have on the YMCA arising out of use of the facility, and further agree that I will indemnify and save harmless the YMCA from any and all claims brought against the YMCA, its members and volunteers, on account of death, injury, or damage to persons or property received by any persons by reason of the acts or omissions of the users in their use. I also agree to waive any claims against the YMCA, its members and volunteers for injuries or damages that may result from the conduct of other persons, including participants in the program. I understand the above responsibilities and I give permission for myself and/or my child to participate and be photographed in YMCA activities.

Parent Signature _____ Date _____

<input checked="" type="checkbox"/> Basketball Conditioning	<input checked="" type="checkbox"/> Basketball Skills/ Drills & Conditioning	<input checked="" type="checkbox"/> Girls Team Sports Connection	<input checked="" type="checkbox"/> Volleyball Skills N Drills
<input type="checkbox"/> Fall 1	<input type="checkbox"/> November 3, 10, 17	<input type="checkbox"/> Fall 1	<input type="checkbox"/> Fall 1
<input checked="" type="checkbox"/> Fee	<input checked="" type="checkbox"/> Fee	<input checked="" type="checkbox"/> Fee	<input checked="" type="checkbox"/> Fee
<input type="checkbox"/> \$15.00 Family Member*	<input type="checkbox"/> \$15.00 Family Member*	<input type="checkbox"/> \$28.00 Family Member*	<input type="checkbox"/> \$28.00 Family Member*
<input type="checkbox"/> \$19.00 Youth Member*	<input type="checkbox"/> \$21.00 Youth Member*	<input type="checkbox"/> \$31.00 Youth Member*	<input type="checkbox"/> \$31.00 Youth Member*
<input type="checkbox"/> \$25.00 Non-Member	<input type="checkbox"/> \$28.00 Non-Member	<input type="checkbox"/> \$45.00 Non-Member	<input type="checkbox"/> \$45.00 Non-Member

*Sheboygan County YMCA Member

Email form to: hboldt@sheboygancountyyymca.org

Payment

☐ Cash ☐ Check ☐ Credit Card # _____ Exp Date _____ 3 Digit Code _____

Receipt # _____ Amount Paid _____ Rec'd By _____ Date _____