



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CALORIE COOKER CHALLENGE

March 3 - March 31, 2025

Adults Age 18 & Older

Torch those extra calories before spring break!

Use any cardio machine in Lakeview or Riverview that keeps track of calories to scorch as many as possible to win your weight category.

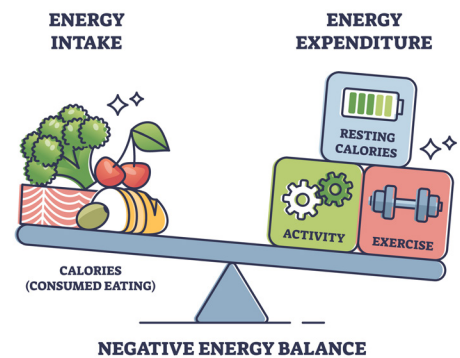
There will be prizes for those who cook the most calories for their weight category.

There will be a log sheet (individual weight will be anonymous to other members) in the centers to track your calories burned.

Weight Categories:

100-150 lbs; 150-175 lbs; 175-200 lbs, 200-225 lbs; 225 lbs+

ENERGY BALANCE



Member Only

\$10.00