

**Waiver Of Liability**

In consideration of the acceptance of my entry in the Freedom Run on July 4, 2023 I release the Sheboygan County YMCA, Bolgert Mediation, Plenco, Navigen Wealth Management, Rockline Industries, Kwik Trip, Festival Foods, Zimmermann Printing, the City of Sheboygan, Wisconsin and any other entities and individuals who are in any way connected with the event (including volunteers assisting with the event) from any liability or claims for any injury or illness which I sustain during my participation in this event or which is in any other way related to this event.

I understand that this release is being relied upon by the persons permitting me to participate. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose.

**Signature** \_\_\_\_\_

*Parent/guardian signature if entrant is under 18.*

**Payment**

- Cash
- Check # \_\_\_\_\_
- Credit Card
  - Account # \_\_\_\_\_
  - Exp Date \_\_\_\_\_ Security Code \_\_\_\_\_
  - Print Name \_\_\_\_\_
  - Signature \_\_\_\_\_

This event was made possible by support from:

Major Event Sponsor



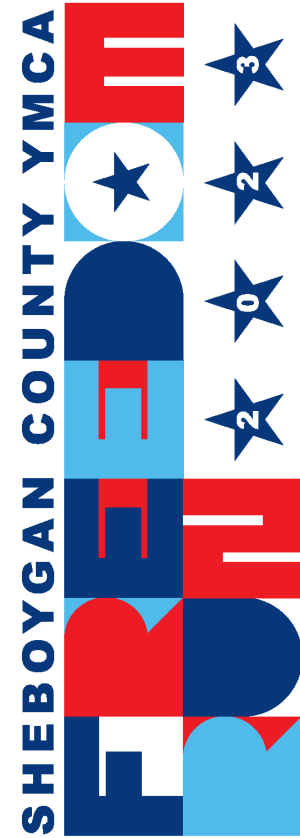
Event Sponsors



Healthy Refreshment Sponsor:



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2 MILE WALK | 2 MILE RUN | 5 MILE RUN



**TUESDAY  
JULY 4, 2023  
SHEBOYGAN YMCA**

**START TIME 7:30AM**

## Events

### 2 Mile Walk • 2 Mile Run • 5 Mile Run

- Walkers will not be timed.
- Race scored on chip time.

### Entry Fee • Includes dri fit T-Shirt

\$20.00 Walk • \$25.00 Run • \$20 Virtual event

## Information

- T-shirt availability cannot be guaranteed after Friday, June 16, 2023.
- People who are pre-registered may pick up their race packets at the Sheboygan YMCA on Monday, July 3 from 12:00pm - 7:00pm.
- There is an additional charge of \$5.00 for registrations after June 16 .
- Race day registration & packet pick-up is at the Sheboygan Y from 6:15am - 7:15am.

## Award Age Divisions

6 & under	7-8	9-10	11-12	13-14
15-16	17-19	20-24	25-29	30-34
35-39	40-44	45-49	50-54	55-59
60-64	65-69	70-74	75-79	80+

## Awards

- Awards will be given to the overall male and female winners in the 2 mile and 5 mile run and the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place finishers in each age group.
- Participation ribbons will be given to all youth age 12 and under.

## Results

Results will be posted at the Sheboygan YMCA and at [www.sheboygancountyyymca.org](http://www.sheboygancountyyymca.org). Results will not be mailed.

## Directions From I-43

Take the Hwy 23 exit east, which becomes Kohler Memorial Drive and eventually Erie Avenue. Turn right on 6<sup>th</sup> Street, go six blocks to Pennsylvania Avenue, turn left three blocks to Broughton Drive. The Sheboygan YMCA is three blocks north.



## Registration Options

- 1. On-line at [www.runsignup.com](http://www.runsignup.com).** Search: Sheboygan YMCA Freedom Run. Additional fees will apply.
- You may also find the link on our website [www.sheboygancountyyymca.org](http://www.sheboygancountyyymca.org).
- 2. Scan and email** registration form and waiver with your credit card information to [harpke@sheboygancountyyymca.org](mailto:harpke@sheboygancountyyymca.org).
- 3. In person** at the Sheboygan YMCA or the Sheboygan Falls YMCA.
- 4. Fax** registration form and waiver with your credit card information to 920-451-8019.
- 5. Mail** to the Sheboygan YMCA at the address listed on the registration form.

## Showers

Showers will be available at the Sheboygan YMCA until 11:00am to all entrants after the event. Please remove all personal belongings by 11:00am.

## Event Proceeds

Don't miss the 39th annual Freedom Run Event! Your participation benefits the YMCA Partners with Youth Program, which provides Y member scholarship to at risk youth & teens.

## Questions and Additional Forms

- Call the Sheboygan YMCA at 920-451-8000
- Email [harpke@sheboygancountyyymca.org](mailto:harpke@sheboygancountyyymca.org)

Download additional registration forms from our website [www.sheboygancountyyymca.org](http://www.sheboygancountyyymca.org).

## 2023 Sheboygan YMCA Freedom Run One form per entrant. Please print.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Phone # \_\_\_\_\_

Birth Date \_\_\_\_\_  M  F

Email \_\_\_\_\_

Age as of 7/4/23 \_\_\_\_\_

Event		T-Shirt Size	
<input type="checkbox"/>	2 Mile Walk	<input type="checkbox"/>	Youth SM 6-8
<input type="checkbox"/>	2 Mile Run	<input type="checkbox"/>	Youth MD 10-12
<input type="checkbox"/>	5 Mile Run	<input type="checkbox"/>	Youth LG 14-16
<input type="checkbox"/>	Virtual 2/5 mile run/walk	<input type="checkbox"/>	Adult SM
		<input type="checkbox"/>	Adult MD
<b>Entry Fee+</b>		<input type="checkbox"/>	Adult LG
<input type="checkbox"/>	\$20.00 Virtual	<input type="checkbox"/>	Adult XL
<input type="checkbox"/>	\$20.00 Walk	<input type="checkbox"/>	Adult XXL*
<input type="checkbox"/>	\$25.00 Run	<b>*add \$3.00 for XXL shirts</b>	
<b>+add \$5.00 after 6/16</b>			

To make the registration process easier, we have added on-line and scan/email options! Please see registration options in the middle column.



## SHEBOYGAN YMCA

812 Broughton Dr, Sheboygan, WI 53081  
P 920-451-8000 • F 920-451-8019