

**Mailing**

21740 Siskiwit Lake Road  
Cornucopia WI 54827

**Storefront**

22475 Hwy 13  
Cornucopia WI 54827

**Statement of Assumption of Risk, Informed Consent and Release of Liability**

I, \_\_\_\_\_, the undersigned participant, and in the event the undersigned is under eighteen (18) years of age, the undersigned’s parent and/or guardian, am aware that certain elements of this

\_\_\_\_\_ **trip/activity/class** (hereby termed “event”) are physically and emotionally demanding. I understand and assume certain risks (such as those listed below) due to weather conditions, changing water conditions, natural and human hazards, incidents related to travel to, from, or during the activity, and/or physical infirmities. Though Lost Creek Adventures LLC follows reasonable and prudent safety procedures, risks cannot be completely eliminated.

Following is a representative listing of the potential hazards to participants that are inherent to the activities one may be involved in while on a Lost Creek Adventures event. This is not meant to be a complete listing as other injuries are certainly possible; fatigue, chills, dizziness, lacerations, punctures, cuts, contusions, fractures, internal and soft tissue injuries, injection of venom, introduction of disease producing organisms by virtue of being attacked and/or bitten by animals, falling or encounters with trauma-producing objects found on site or around vehicles or at other sites being used for the activity, infection, serious injuries to head, neck or spinal cord, all bones, joints, ligaments, tendons, and other aspects of the musculoskeletal system, serious injury or death resulting from lightening strike, falling trees, heat-related or cold water immersion, drowning or inhalation of water, and serious injury, paralysis, or impairment of other aspects of the participants body, general health, and emotional well-being.

Due to these potential risks, Lost Creek Adventures LLC and its staff/employees need to be aware of any pre-existing physical or emotional limitations I may have. By signing this form I am stating that I have notified the leaders/instructors of any physical or emotional limitations or have none to report. \_\_\_\_\_ **(initial)**

I hereby give the event staff/leaders permission to obtain emergency medical treatment to render first aid as they see fit and at my cost. \_\_\_\_\_ **(initial)**

To the best of my ability I will follow all instructions, rules, policies and will act responsibly and safely towards all participants. \_\_\_\_\_ **(initial)**

I acknowledge that a staff member of Lost Creek Adventures LLC has the right to modify the activities or my participation in the activities to maintain the safety of the participants and the environment. \_\_\_\_\_ **(initial)**

**Assumption of Risk and Release**

The undersigned assumes all responsibility of and all risk of damage, injury, death, loss of personal property and expenses, personal negligence in participating, that may occur to the undersigned while attending the Lost Creek Adventures LLC event listed above, participating in exercises, using Lost Creek Adventures LLC equipment or facilities, or when following instructions. In consideration of being accepted as a participant the undersigned hereby releases and discharges Lost Creek Adventures LLC and It’s entire staff from all claims, demands, rights of causes of action present or future, whether known, anticipated, or unanticipated, and resulting from, arising out of or incident to, the undersigned’s participation in the activity/event. I have read, understood, and accept the terms and conditions stated herein and acknowledge that this agreement shall be binding and sign the Statement of Assumption of Risk, Informed Consent and Release of Liability by my own free will and choice.

Participant’s signature \_\_\_\_\_ Date \_\_\_\_\_

Name of legal guardian if participant is younger than 18 years (print) \_\_\_\_\_

Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

## Your Information - please fill out for all trips and classes

Emergency contact person \_\_\_\_\_ Emergency Contact Phone \_\_\_\_\_

Do you have any medical conditions that may affect you/others on the trip? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do you have any allergies? \_\_\_\_\_ If "yes" what medicine do you carry for it? \_\_\_\_\_

Please list any medications you are currently taking and what they are used for \_\_\_\_\_

\_\_\_\_\_

What is a Fun Fact about you? \_\_\_\_\_

## For Overnight Trips and Expeditions Only

Height \_\_\_\_\_ Weight \_\_\_\_\_ Age \_\_\_\_\_ Fitness level \_\_\_\_\_

What fitness activities are you currently involved in? \_\_\_\_\_

\_\_\_\_\_

First Aid/lifesaving experience? \_\_\_\_\_

Do you have any dietary restrictions, allergies, or other considerations? \_\_\_\_\_

\_\_\_\_\_

I drink coffee \_\_\_\_\_ I'm vegetarian \_\_\_\_\_ I'm allergic to \_\_\_\_\_