

## **OUTDOOR GEAR RECOMMENDATIONS**

**NAME STICKER LABELS OR NAME STAMPS** – In a class with up to 18 students, we are sure to have clothing mix ups! Please help us keep the chaos under control by labeling all student artifacts including mittens, water bottles, snack bags, and even snow pants.

**MITTENS** - We know these are pricey, so if you find a better deal, go for it! However, after years of trial and error, we've found these are the best option when it comes to hand coverings. **Reasons why we love:** 

- Your child can dip her whole hand into the pond without getting wet at all.
- Long `sleeve' takes minimal effort to put on—a lifesaver when we are readying over a dozen kids for the outdoors at once!

**<u>RAIN PANTS</u>** – Paired with a base layer and a good mid layer, these pants can be worn into the deep winter months. **Reasons why we love:** 

- Easily 'layerable' for maximum use
- Sturdy, truly waterproof material
- Child can easily 'unpeel' clothing if too hot, need bathroom, etc., unlike full-body rain suits
- Front breast rises high enough for full protection
- Can easily be rinsed off—less laundry for you!
- Expand to grow with your child

## **SNOW BOOTS** - Reasons why we love:

- Simple design makes it easy for students to independently get geared up
- Insulation is important!!
- Waterproof *above* ankle—perfect for splashing in puddles, unlike other brands

**BASE LAYERS** – base layers could be fancy merino wool...or they can just be some comfy pajamas from grandma. An enjoyable day versus an unbearable day can often be boiled down to clothing choices. Please be diligent about sending your child in plenty of layers in the winter months to ensure a pleasurable nature experience!

**THICK SOCKS...BUT NOT TOO THICK...** – Please send your child in thick socks to better insulate their little feet. If their socks are too thick, however, they will experience the opposite effect since the warmth won't have any room to collect. Please also make sure to provide a few extra pairs in your child's extra clothes bin in case of muddy emergency!