



# SHEBOYGAN YMCA GYM SCHEDULE

February 26, 2018 - April 7, 2018

	MONDAY			TUESDAY			WEDNESDAY		
	<i>Main</i>	<i>East</i>	<i>Muth</i>	<i>Main</i>	<i>East</i>	<i>Muth</i>	<i>Main</i>	<i>East</i>	<i>Muth</i>
6:00				ADULT BB			ADULT BB		
6:30	OPEN	OPEN GYM	CLOSED			CLOSED			
7:00									CLOSED
7:30				OPEN	OPEN VOLLEYBALL			OPEN GYM	
8:00						Mosaic PE			
8:30	FITNESS Boost			Silver Sneakers			FITNESS Boost		
9:00									
9:30	PICKLEBALL	Pickelball	YDC	Mosaic School PE	YDC	PRESCHOOL			YDC
10:00	"	"	"	"	"			Rehab Group	"
10:30	"		"						"
11:00									
11:30	ADULT BB						ADULT BB		
12:00				OPEN GYM					
12:30									
1:00									
1:30									
2:00	OPEN GYM				OPEN GYM		OPEN GYM	OPEN GYM	
2:30		OPEN GYM							
3:00									
3:30	O P E N				YDC		O P E N	YDC	
4:00	The Club	YDC					The Club		
4:30									Basketball Practice
5:00		Y-Member OPEN GYM	MTYMITE T-Ball	Mightymite Indoor Soccer		B-ball Practice			PEEWEE SPORTS
5:30									ZUMBA
6:00									
6:30	WOMEN'S VOLLEYBALL LEAGUE		ZUMBA			PEE WEE	O P E N Mens V-Ball Lg. "	Y-Member OPEN GYM	"
7:00									
7:30									
8:00				Y-Member OPEN GYM	Y-Member OPEN GYM				
8:30			OPEN GYM						
9:00							OPEN GYM		
9:30									
10:00									

Legend  
 SS= Silver Sneakers  
 BB= Basketball

Gym schedule is subject to change. Please call the desk to

\*\*\* Please see the YMCA brochure for more details and specific times for classes \*\*\*



# SHEBOYGAN YMCA GYM SCHEDULE

February 26, 2018 - April 7, 2018

	THURSDAY			FRIDAY			SATURDAY		
	<u>Main</u>	<u>East</u>	<u>Muth</u>	<u>Main</u>	<u>East</u>	<u>Muth</u>	<u>Main</u>	<u>East</u>	<u>Muth</u>
6:00				ADULT BB			CLOSED	CLOSED	CLOSED
6:30	ADULT BB						Y-Member OPEN GYM	Y-Member OPEN GYM	
7:00		OPEN VOLLEYBALL		OPEN	OPEN GYM	CLOSED			
7:30			Mosaic				Y-Member OPEN GYM	Y-Member OPEN GYM	
8:00			School PE	FITNESS Boost					
8:30	Silver Sneakers	"					Indoor Soccer		"
9:00				Pickle Ball	Pickle Ball	YDC			
9:30	Mosaic School PE	YDC		"	"	"	Y-Member OPEN GYM	Y-Member OPEN GYM	"
10:00									
10:30							Y-Member OPEN GYM	Y-Member OPEN GYM	"
11:00				ADULT BB					
11:30	OPEN GYM	LIVESTRONG					Y-Member OPEN GYM	Y-Member OPEN GYM	"
12:00				HOME SCHOOL		HOME SCHOOL			
12:30				OPEN GYM			Y-Member OPEN GYM	Y-Member OPEN GYM	Y-Member OPEN GYM
1:00									
1:30		OPEN GYM					Y-Member OPEN GYM	Y-Member OPEN GYM	
2:00				OPEN GYM					
2:30							Y-Member OPEN GYM	Y-Member OPEN GYM	
3:00				O P N					
3:30				The Club	YDC	B-ball Practice	Y-Member OPEN GYM	Y-Member OPEN GYM	
4:00		YDC	PRESCHOOL			FRIDAY FUN CLUB			
4:30	Youth Volleyball		Adaptive PE				Y-Member OPEN GYM	Y-Member OPEN GYM	
5:00									
5:30				OPEN GYM			Y-Member OPEN GYM	Y-Member OPEN GYM	
6:00									
6:30	CO-ED VOLLEYBALL	CO-ED VOLLEYBALL	CO-ED VOLLEYBALL				Y-Member OPEN GYM	Y-Member OPEN GYM	
7:00	LEAGUE	LEAGUE	LEAGUE						
7:30	"	"	"				Y-Member OPEN GYM	Y-Member OPEN GYM	
8:00	"	"	"						
8:30	"	"	"				Y-Member OPEN GYM	Y-Member OPEN GYM	
9:00	"	"	"						
9:30	"	"	"	CLOSED	CLOSED	CLOSED	Y-Member OPEN GYM	Y-Member OPEN GYM	
10:00									

**Open Gym  
FOR BASKETBALL  
Most Sundays  
(Y-Members Only)**  
  
**Sunday Morning  
Gym Rentals**

Legend  
 SS= Silver Sneakers  
 BB= Basketball

Gyms closed Sat. afternoon - Sun. March 10 - 11 (Gymnastics Meet)

\*\*\* Please see the YMCA brochure for more details and specific times for classes \*\*\*