



# SHEBOYGAN YMCA GYM SCHEDULE

January 8, 2018 - February 24, 2018

	MONDAY			TUESDAY			WEDNESDAY		
	<i>Main</i>	<i>East</i>	<i>Muth</i>	<i>Main</i>	<i>East</i>	<i>Muth</i>	<i>Main</i>	<i>East</i>	<i>Muth</i>
6:00				ADULT BB			ADULT BB		
6:30	OPEN	OPEN GYM	CLOSED			CLOSED			
7:00									CLOSED
7:30				OPEN	OPEN VOLLEYBALL			OPEN GYM	
8:00						Mosaic PE			
8:30	FITNESS Boost			Silver Sneakers			FITNESS Boost		
9:00									
9:30	PICKLEBALL	Pickelball	YDC		YDC	PRESCHOOL			YDC
10:00	"	"	"		"	Mosaic School PE		Rehab Group	"
10:30	"		"		"	"			"
11:00									
11:30	ADULT BB						ADULT BB		
12:00				OPEN GYM					
12:30									
1:00									
1:30									
2:00	OPEN GYM				OPEN GYM		OPEN GYM	OPEN GYM	
2:30		OPEN GYM							
3:00									
3:30					YDC			YDC	
4:00	OPEN The Club	YDC					OPEN The Club		
4:30									
5:00		Basketball Practice	MTYMITE SPORTS			B-ball Practice			
5:30									PEEWEE SPORTS
6:00		Y-Member							ZUMBA
6:30	WOMEN'S VOLLEYBALL LEAGUE	OPEN GYM				PEE WEE	OPEN Mens V-Ball Lg.	Y-Member	"
7:00						B-ball Practice		OPEN GYM	B-ball Practice
7:30									
8:00				Y-Member	Y-Member				
8:30			OPEN GYM	OPEN GYM	OPEN GYM				
9:00							OPEN GYM		
9:30									
10:00									

Legend  
 SS= Silver Sneakers  
 BB= Basketball

Gym schedule is subject to change. Please call the desk to

\*\*\* Please see the YMCA brochure for more details and specific times for classes \*\*\*



# SHEBOYGAN YMCA GYM SCHEDULE

January 8, 2018 - February 24, 2018

	THURSDAY			FRIDAY			SATURDAY		
	<i>Main</i>	<i>East</i>	<i>Muth</i>	<i>Main</i>	<i>East</i>	<i>Muth</i>	<i>Main</i>	<i>East</i>	<i>Muth</i>
6:00				ADULT BB			CLOSED	CLOSED	CLOSED
6:30	ADULT BB								
7:00							ADULT BB	Y-Member OPEN GYM	
7:30		OPEN VOLLEYBALL	Mosaic School PE	OPEN	OPEN GYM	CLOSED	YOUTH BASKETBALL		YOUTH BASKETBALL
8:00		"		"	FITNESS Boost			"	"
8:30	Silver Sneakers	"	"	Pickle Ball	Pickle Ball	YDC	"	"	
9:00		YDC	"	"	"	"	"	"	
9:30		"	"				"	"	
10:00				ADULT BB				"	
10:30								"	
11:00								"	
11:30								"	
12:00	OPEN GYM	LIVESTRONG					Y-Member OPEN GYM	"	
12:30		"						"	
1:00								"	
1:30		OPEN GYM		HOME SCHOOL		HOME SCHOOL		"	
2:00								"	
2:30				OPEN GYM				Y-Member OPEN GYM	
3:00									
3:30									
4:00		YDC	PRE-SCHOOL	OPEN GYM	YDC	B-ball Practice			
4:30	Youth Volleyball		Adaptive PE	OPEN GYM	Basketball Practice	FRIDAY FUN CLUB			
5:00									
5:30				OPEN GYM	Basketball Practice				
6:00									
6:30	CO-ED VOLLEYBALL	CO-ED VOLLEYBALL	CO-ED VOLLEYBALL						
7:00	LEAGUE	LEAGUE	LEAGUE		OPEN GYM				
7:30	"	"	"						
8:00	"	"	"						
8:30	"	"	"						
9:00	"	"	"						
9:30	"	"	"	CLOSED	CLOSED	CLOSED			
10:00									

**Open Gym  
 FOR BASKETBALL  
 Most Sundays  
 (Y-Members Only)**  
  
**Sunday Morning  
 Gym Rentals**

**Legend**  
 SS= Silver Sneakers  
 BB= Basketball  
 All gyms closed Fri. afternoon - Sun. night Feb. 2 - 4 (Gymnastics Meet), and Main Gym Closed Fri./Sat. Feb. 23-24 (Pancake Days)

**\*\*\* Please see the YMCA brochure for more details and specific times for classes \*\*\***



