



# Sheboygan County YMCA Springers Gymnastics Team

July 18, 2017-June 22, 2018

[www.sheboygancountymca.org](http://www.sheboygancountymca.org)

SHEBOYGAN COUNTY YMCA



SPRINGERS 2015-2016

Head Coach -Karen Field (920) 451-8001 (ext 121) [kfield@sheboygancountymca.org](mailto:kfield@sheboygancountymca.org)

## YMCA OF THE USA GYMNASTIC MISSION STATEMENT

To provide a YMCA competitive gymnastic program in which all interested gymnasts may develop to the maximum of their abilities.

- ★ Placing the growth, safety and fun of each participant first, with the sport coming second and being used as a tool to accomplish the above needs.
- ★ Developing self-confidence and self-respect in each participant by helping them have an appreciation of their worth as an individual.
- ★ Developing respect for opponents, team members, coaches, officials and others as well.
- ★ Providing significant role models for young people and demonstrating a quality of leadership that can be followed.
- ★ Encouraging and understanding by each young person that he/she is important to the group working together. Full participation as a team member is emphasized rather than winning.
- ★ Increasing the physical fitness of young people and to expand related skills according to the individual's ability.
- ★ Creating an outlet through which parents and their children may enjoy sharing an experience together and may discover an increased awareness of one another.
- ★ Developing a genuine concern among participants for the kind of experiences shared by others in the program and how mutually positive experiences can be generated.

- \* Granting recognition on the basis of participation and sportsmanship as well as individual achievement.
- \* Developing awareness of the value and importance of other individuals.
- \* Providing opportunities to improve social skills.
- \* Providing opportunities for personal growth through value development.

#### Team Eligibility

- \* Must be an **annual Sheboygan County YMCA member**. (*maintained for 365 days*)
- \* Gymnasts must be minimum of 4 years old as of March 17, 2018.
- \* Gymnasts must attend practices at least once a week for a minimum of 30 day prior to regular competition and 90 days prior to YMCA Nationals
- \* **Participation in competition is required**
- \* Competition Uniform Required (*See uniform order form for details*)

#### Parent Responsibility

- \* Fulfill required work shifts for **all** home meets (*1-2 per child on team*)  
*Example: Sell concessions, time events, enter scores on computer, etc.*  
**YOU WILL BE CHARGED A \$75 FEE FOR EACH NOT MET**

#### Team Fee Payments

**Fees are based on your practice time commitment 1 - 4 days per week** (*See the fee payment form for \$ amount*)

- \* Payment in full (15% Savings) Register on line: [www.sheboygancountyyymca.org](http://www.sheboygancountyyymca.org)  
Session: 1718 Program 1G
- \* Bank draft deduction: An automatic deduction from checking or savings account on the 20<sup>th</sup> of each month beginning August 20, 2017 and ending June 20, 2018.
- \* Non-refundable Registration Fee \$175.00 1<sup>st</sup> Month (**includes: Girls-Home Meet Fes, Boys-USAG Membership**)

#### Competition Registration & Payments

- \* Register on line **only**: [www.sheboygancountyyymca.org](http://www.sheboygancountyyymca.org) Session: 1718 Program 1G  
**Non-refundable** (*late entries will be charged \$20.00 extra per meet*)  
YMCA Meets- \$30.00  
YMCA State Meet - \$55.00  
USAG Competitions - (\$75.00-\$150.00) **Must be a USAG Member** (*See USAG registration form for details*)  
*send copy of Membership Card to Karen Field \*Must be on file*

#### Meet Procedures/Policies

The following procedures have been established for parent and gymnast participation to encourage and promote the YMCA mission statement....

##### **Gymnasts - NO Cell Phones or electronic devises allowed**

- \* No food, sports drinks, etc. in the competition area
- \* Warm ups are directed by a coach – be on time for stretching
- \* Gymnasts' behavior must be respectful at all times to coaches, gymnasts and judges
- \* All gymnasts must remain for the entire meet and awards unless they have received prior approval from the coach
- \* Gymnasts must be in our team uniform for awards
- \* Gymnasts should refrain from physical activity they are not accustomed to the day of and prior to Competition (swimming, hot tub, sauna, skiing, etc.)

#### Parents

- \* Gymnasts Must remain in the designated spectator area during warm ups, competition and awards
- \* **Do Not** approach meet officials, judges, gymnasts or coaches. A 1.0 team deduction may be taken for the disruption of the meet. It also jeopardizes the credibility of our coaches, respect of fellow gymnasts, teams and judges.