

Waiver Of Liability

In consideration of the acceptance of my entry in the Freedom Run on July 4, 2017, I release the Sheboygan County YMCA, Coulis Cardiology, Nemschoff, Masters Gallery Foods, Mersberger Financial Group Inc, Navigen Wealth Management, Rockline Industries, Zimmermann Printing, the City of Sheboygan, Wisconsin and any other entities and individuals who are in any way connected with the event (including volunteers assisting with the event) from any liability or claims for any injury or illness which I sustain during my participation in this event or which is in any other way related to this event.

I understand that this release is being relied upon by the persons permitting me to participate. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature _____

Parent/guardian signature if entrant is under 18.

Payment

- Cash
- Check # _____
- Credit Card
 - Account # _____
 - Exp Date _____ Security Code _____
 - Print Name _____
 - Signature _____

Receipt # _____

Amount Paid _____ Date _____

This event was made possible
by support from:



Nemschoff



Refreshments after the race
graciously donated by:



NAVIGEN
WEALTH MANAGEMENT

Brochure printing
generously donated by:



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



2 Mile Walk
2 Mile Run
5 Mile Run

at the Sheboygan YMCA

TUESDAY
JULY 4, 2017

START 7:30AM

Events

2 Mile Walk • 2 Mile Run • 5 Mile Run

- Walkers will not be timed.
- Race scored on chip time.

Entry Fee • Includes Sport-Tek T-Shirt

\$17.00 Walk • \$20.00 Run

Information

- **New this year, participants will receive a sport-tek t-shirt!** Availability cannot be guaranteed after Friday, June 16, 2017.
- People who are pre-registered may pick up their race packets at the Sheboygan YMCA on Monday, July 3 from 12:00pm - 7:00pm.
- There is an additional charge of \$2.00 for day of race registration.
- Race day registration and packet pick-up is in the gymnasium at the Sheboygan YMCA from 6:15am - 7:15am.

Award Age Divisions

6 & under	7-8	9-10	11-12	13-14
15-16	17-19	20-24	25-29	30-34
35-39	40-44	45-49	50-54	55-59
60-64	65-69	70-74	75-79	80+

Awards

- Awards will be given to the overall male and female winners in the 2 mile and 5 mile run and the 1st, 2nd and 3rd place finishers in each age group.
- Participation ribbons will be given to all youth age 12 and under.

Results

Results will be posted at the Sheboygan YMCA and at www.sheboygancountyymca.org. Results will not be mailed.

Directions From I-43

Take the Hwy 23 exit east, which becomes Kohler Memorial Drive and eventually Erie Avenue. Turn right on 6th Street, go six blocks to Pennsylvania Avenue, turn left three blocks to Broughton Drive. The Sheboygan YMCA is three blocks north.



Registration Options

- 1. On-line at www.runsignup.com.** Search: Coulis Cardiology Freedom Run. Additional fees will apply.
- You may also find the link on our website www.sheboygancountyymca.org.
- 2. Scan and email** registration form and waiver with your credit card information to harpke@sheboygancountyymca.org.
- 3. In person** at the Sheboygan YMCA or the Sheboygan Falls YMCA.
- 4. Fax** registration form and waiver with your credit card information to 920-451-8019.
- 5. Mail** to the Sheboygan YMCA or the Sheboygan Falls YMCA at one of the addresses listed on the registration form.

Showers

Showers will be available at the Sheboygan YMCA until 11:00am to all entrants after the event. Please remove all personal belongings by 11:00am.

Event Proceeds

Proceeds from this event benefit the Sheboygan County YMCA Annual Support Campaign. This program provides financial assistance for YMCA memberships and camperships for at-risk and disadvantaged children, teens and families.

Questions and Additional Forms

- Call the Sheboygan YMCA at 920-451-8000
- Email harpke@sheboygancountyymca.org

Download additional registration forms from our website www.sheboygancountyymca.org.

2017 Coulis Cardiology Freedom Run One form per entrant. Please print.

Name _____

Address _____

City _____ State _____

Zip _____ Phone # _____

Birth Date _____ M F

Email _____

Age as of 7/4/17 _____

Event		T-Shirt Size	
<input type="checkbox"/>	2 Mile Walk	<input type="checkbox"/>	Youth SM 6-8
<input type="checkbox"/>	2 Mile Run	<input type="checkbox"/>	Youth MD 10-12
<input type="checkbox"/>	5 Mile Run	<input type="checkbox"/>	Youth LG 14-16
		<input type="checkbox"/>	Adult SM
		<input type="checkbox"/>	Adult MD
Entry Fee*		<input type="checkbox"/>	Adult LG
<input type="checkbox"/>	\$17.00 Walk	<input type="checkbox"/>	Adult XL
<input type="checkbox"/>	\$20.00 Run	<input type="checkbox"/>	Adult XXL*
*add \$2.00 on 7/4		*add \$3.00	

To make the registration process easier, we have added on-line and scan/email options! Please see registration options in the middle column.

**continue to reverse side for ►
Waiver and Payment Information**



SHEBOYGAN YMCA

812 Broughton Dr, Sheboygan, WI 53081
P 920-451-8000 • F 920-451-8019

SHEBOYGAN FALLS YMCA

305 Buffalo St, Sheboygan Falls, WI 53085
P 920-467-2464 • F 920-467-4641