

**SHEBOYGAN YMCA**

812 Broughton Drive, Sheboygan, WI 53081

P 920-451-8000 • F 920-451-8019

[www.sheboygancountnymca.org](http://www.sheboygancountnymca.org)



**SUMMER SPECIALTY GYMNASTICS CLINICS**

**Ages 5 - 17**

If you want to learn or perfect a certain gymnastic skill, these clinics are for you. Focus and work on one skill and achieve it! Sign up for one clinic or multiple clinics! **The fee is per clinic.**



Name \_\_\_\_\_ Birth Date \_\_\_\_\_  M  F  
 Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone 1 \_\_\_\_\_ Phone 2 \_\_\_\_\_ Email \_\_\_\_\_

**HOLD HARMLESS AGREEMENT**

I hereby agree to waive any claim or liability I may have on the YMCA arising out of use of the facility, and further agree that I will indemnify and save harmless the YMCA from any and all claims brought against the YMCA, its members and volunteers, on account of death, injury, or damage to persons or property received by any persons by reason of the acts or omissions of the users in their use. I also agree to waive any claims against the YMCA, its members and volunteers for injuries or damages that may result from the conduct of other persons, including participants in the program. I understand the above responsibilities and I give permission for my child to participate and be photographed in YMCA activities.

**Parent Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**WEDNESDAY CLINICS .....3:30PM - 4:15PM**

- = Novice, Little Springers, Grade School, Levels 1 - 2
- = Levels 3 - 9, Pre-Team, Xcel

<input checked="" type="checkbox"/>	Wednesday Clinics	Level	Date
	Front & Back Handspring on Floor	● ■	June 14
	Kip on Bars/Glide Swing	■	June 14
	Cartwheel on Beam	■	June 21
	Cartwheel on Floor	●	June 21
	Kip on Bars/Glide Swing	■	July 19
	Round-Off on Floor	●	July 19
	Handstand on Beam	■	July 26
	Front & Back Handspring on Floor	● ■	July 26
	Kip on Bars/Glide Swing	■	August 2
	Cartwheel on Floor	●	August 2
	Hip Pullover on Bars	●	August 9
	Front & Back Tuck on Floor	■	August 9
	Front & Back Handspring on Floor	● ■	August 16
	Cartwheel on Beam	■	August 16
	Kip on Bars/Glide Swing	■	August 23
	Front & Back Handspring on Floor	● ■	August 23

**Fee per Clinic**

Family YMCA Member	\$6.00
Youth YMCA Member	\$7.00
Participant	\$11.00

**FRIDAY CLINICS.....3:15PM - 4:00PM**

- = Novice, Little Springers, Grade School, Levels 1 - 2
- = Levels 3 - 9, Pre-Team, Xcel

<input checked="" type="checkbox"/>	Friday Clinics	Level	Date
	Front & Back Handspring on Floor	● ■	June 16
	Beam Handstand	● ■	June 16
	Kip on Bars/Glide Swing	■	July 21
	Handstand on Floor	●	July 21
	Front & Back Handspring on Floor	● ■	July 28
	Front Hip Circle+Stride Circle on Bar	●	July 28
	Hip Pullover on Bars	●	August 4
	Ariel Cartwheel on Floor	■	August 4
	Level 1 - 3 Bar Dismount	● ■	August 11
	Front & Back Tuck on Floor	■	August 11
	Kip on Bars/Glide Swing	■	August 18
	Round-Off on Floor	●	August 18
	Front & Back Handspring on Floor	● ■	August 25
	Level 1 - 3 Beam Dismount	●	August 25

**Fee per Clinic**

Family YMCA Member	\$6.00
Youth YMCA Member	\$7.00
Participant	\$11.00

Receipt # \_\_\_\_\_ Amount Paid \_\_\_\_\_ Rec'd By \_\_\_\_\_ Date \_\_\_\_\_  
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