



**FOOTBALL STRENGTH, SPEED  
 AND CONDITIONING CAMP**  
**JUNE 26 - 29, 2017**

**for Boys in Grades 5 - 8 in Fall 2017**  
 This camp is highly recommended for young athletes who will play football this fall. Work on strength, speed, agility and conditioning to prepare for the season. Please wear appropriate work out clothing, bring a water bottle and be ready to work hard! **The registration deadline is June 16, 2017.**

Mon - Thur ..... 1:30pm - 3:30pm



**FOOTBALL TRAINING CAMP**   
**AUGUST 14 - 18, 2017**

**for Boys in Grades 1 - 4 in Fall 2017**  
 This camp is highly recommended for youth who will play in our YMCA flag or tackle football programs. The basics, including flag pulling/tackling and blocking will be demonstrated, practiced and critiqued by coaches. Football conditioning will also be a major component to this camp. It is a great way to get into football shape and tune up your skills for the upcoming season.

All players registered for the fall tackle football program will receive their equipment during this camp. **The registration deadline is August 4, 2017.**

Mon - Fri ..... 9:00am - 11:00am

**For more information on these camps, please contact  
 Fred at 920-467-2464 x207 or [fhuether@sheboygancountyyymca.org](mailto:fhuether@sheboygancountyyymca.org).**



**SHEBOYGAN FALLS YMCA 2017 SUMMER FOOTBALL CAMPS**  
 Return to the Sheboygan Falls YMCA, 305 Buffalo St, Sheboygan Falls, WI 53085 | 920-467-2464

Child's Name \_\_\_\_\_ Grade \_\_\_\_\_ Birth Date \_\_\_\_\_  M  
 Address \_\_\_\_\_ City \_\_\_\_\_  
 State \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone 1 \_\_\_\_\_ Phone 2 \_\_\_\_\_  
 Email \_\_\_\_\_ School \_\_\_\_\_

**HOLD HARMLESS AGREEMENT**

I hereby agree to waive any claim or liability I may have on the YMCA arising out of use of the facility, and further agree that I will indemnify and save harmless the YMCA from any and all claims brought against the YMCA, its members and volunteers, on account of death, injury, or damage to persons or property received by any persons by reason of the acts or omissions of the users in their use. I also agree to waive any claims against the YMCA, its members and volunteers for injuries or damages that may result from the conduct of other persons, including participants in the program. I understand the above responsibilities and I give permission for my child to participate and be photographed in YMCA activities.

**Parent Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**FOOTBALL STRENGTH/SPEED/COND CAMP**

17SU-2YCAMP.

- \$19.00 Family YMCA Member
- \$23.00 Youth YMCA Member
- \$38.00 Participant

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Receipt # \_\_\_\_\_ Amount Paid \_\_\_\_\_ Rec'd By \_\_\_\_\_ Date \_\_\_\_\_