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812 Broughton Drive, Sheboygan, WI 53081 * Phone 920-451-8000

SHEBOYGAN COUNTY YMCA

CHINOOK SWIM TEAM

REGISTRATION PACKET



October 12, 2015 – March 11, 2016

Team Contact Information

Team Unify Website www.teamunify.com/wisyc

Email: kschuh@sheboygancountyymca.org

Phone: Kara Schuh – 920-451-8001 Ext. 129

2015 – 2016 SCY Chinook Swim Team TENTATIVE Meet Schedule

Date	Location	Meet Name	Best For
October 31, 2015	Manitowoc YMCA	Halloween Meet	All Swimmers
November 14, 2015	Schroeder YMCA	Schroeder Y Invite	Gold, High School ONLY
November 20-22, 2015	Oshkosh YMCA	Oshkosh Champions Meet	Red, Blue, Bronze 1, Silver 2, Silver 1, Gold
December 5, 2015	Green Bay YMCA	GBY Sprint Meet	All Swimmers
December 11-13, 2015	Schroeder YMCA	Schroeder Y Finalist	Silver 1, Gold
December 19, 2015	Door County YMCA	Jingle Bell Meet	All Swimmers
January 2, 2016	Manitowoc YMCA	Snowflake Meet	All swimmers
January 9, 2016	Door County YMCA	Hawaiian Meet	All Swimmers
January 15-17, 2016	Green Bay YMCA	GBY Winter Open	All Swimmers
February 5-7, 2016	Oshkosh YMCA	FCYST/OSHY Winter Open	Red, Blue, Bronze 1, Silver 2, Silver 1, Gold
February 27, 2016	Manitowoc YMCA	Winter Meet	All Swimmers
March 5, 2016	Door County YMCA	DCY Last Chance Meet	All Swimmers
March 12 -13 2016	Pabst Farms YMCA	YMCA Sectionals	All Swimmers
March 18 – 20, 2016	Schroeder YMCA	WI YMCA State Championships	All swimmers with qualifying times
April 2-3, 2016	U of Minnesota Natatorium	Midwest Regionals	All swimmers with qualifying times

A minimum of 10 swimmers must register for meets in order for the team to participate.

There will be a \$2 additional cost per meet to support coaching expenses

Signing up for Swim Meets – Team Unify Site

-Go to www.teamunify.com/wisyc

-Click on '**SIGN IN**'. Put in your email address and password. If you have not set up a password, you will need to click on 'forgot/change password' below where you put your email address in and then follow the steps to set up a password. Then go back and sign in after you have set up a password.

-Click on the '**EVENTS**' tab at the top of the page.

-Scroll down to the meet for which you wish to register

-Click on the meet name to get to the screen where the meet information is attached. This will show you all of the meet information, YMCA location, number of events your child can swim, and cost per event. Please note registration deadlines as you will not be able to sign up after the deadline.

-Click on '**ATTEND/DECLINE**'. Once you click on this, you will get a drop down box that says 'yes, please sign "x" up for the meet' or 'no, "x" will not attend'. If you click on YES, then all of the events your child is allowed to swim will show up. Click on the box next to the event(s) that you wish to sign up for.

-Click on '**SAVE CHANGES**'

**If you have NOT registered your child on the team unify site, please contact Stacy Schaefer at slschaefer@charter.net as you will not be able to register. Info needed to register your child:

Swimmer's name and date of birth

Parent(s) name(s)

Mailing address

Home/cell phone number

Email address

Swim Group (i.e. 8&under, bronze, silver, etc)

2015 - 2016 CHINOOK SWIM TEAM REQUIREMENTS		
Practice Group	Total Pool Time	Requirements
8 & Under White	2 hrs per week	6 years old, able to swim 25 meters freestyle and backstroke
8 & Under Red	3 hrs per week	7 years old, legal in 3 strokes and approved by coaches
8 & Under Blue	3 hrs per week	7 years old, legal in 4 strokes and approved by coaches.
9 & Over Bronze 2	2 hrs per week	9 years old, no swim team experience or only legal in freestyle and backstroke
9 & Over Bronze 1	3 hrs per week	9 years old, has prior swim team experience, legal in 3 strokes and approved by coaches
10 & Over Silver 2	4.75 hrs per week	10 years old, has prior swim team experience, legal in 4 strokes.
11 & Over Silver 1	6 hrs per week	11 years old, has prior swim team experience, legal in 4 strokes, 50 free time of less than 32 seconds and approved by coaches.
12 & Over Gold	6.75 hrs per week	12 years old, has prior swim team experience, 50 free time of less than 30 seconds and approved by coaches
High School Girls	6.75 hrs per week	Must have completed one year of high school swimming.
High School Boys	6.75 hrs per week	Must have completed one year of high school swimming

2015 – 2016 Chinook Swim Team Practice Schedule

Practice Group	Monday	Tuesday	Wednesday	Thursday	Friday
8 & Under Red	4:00 – 5:00pm		5:00 – 6:00pm		5:00 – 6:00pm
8 & Under Blue	4:00 – 5:00pm		5:00 – 6:00pm		5:00 – 6:00pm
8 & Under White	5:00 – 6:00pm				4:00 – 5:00pm
9 & Over Bronze 2		5:15 – 6:15pm		5:15 – 6:15pm	
9 & Over Bronze 1	5:15 – 6:15pm		5:15 – 6:15pm		5:15 – 6:15pm
10 & Over Silver 2	5:15 – 6:30pm		5:15 – 6:30pm	7:00 – 8:30pm	5:15 – 6:30pm
11 & Over Silver 1	3:45 – 5:15pm		3:45 – 5:15pm	7:00 – 8:30pm	3:45 – 5:15pm
12 & Over Gold	3:45 – 5:30pm		3:45 – 5:30pm	7:00 – 8:30pm	3:45 – 5:30pm
High School	3:45 – 5:30pm		3:45 – 5:30pm	7:00 – 8:30pm	3:45 – 5:30pm

2015 – 2016 Chinook Swim Team Fees

Practice Group	<u>Paid in Full</u>	<u>Bank Plan Costs</u>		Total Cost
	Total Cost	Deposit	Monthly Draft	
8 & Under White	\$264	\$90	\$41	\$295
8 & Under Red	\$294	\$90	\$47	\$325
8 & Under Blue	\$294	\$90	\$47	\$325
9 & Over Bronze 2	\$264	\$90	\$41	\$295
9 & Over Bronze 1	\$294	\$90	\$47	\$325
10 & Over Silver 2	\$348	\$90	\$58	\$380
11 & Over Silver 1	\$384	\$90	\$65	\$415
12 & Over Gold	\$406	\$90	\$70	\$440
High School Girls	\$315	\$90	\$51	\$345
High School Boys	\$175	NA	NA	NA

- 1. YOUR CHILD MUST BE A YMCA MEMBER TO COMPETE ON THE CHINOOK SWIM TEAM.**
 - a. Membership must be in force for the entire year and may not be cancelled when the season is over – this is a National YMCA rule.**
 - b. Membership at the Y has additional benefits and programs. Contact the front desk for more information.**
- 2. Fundraising – We have our annual Swim-a-thon event, which is our primary fundraiser. We will also be doing some bake-sales and possibly some other things. If you choose to NOT participate in these events, a \$25 fee must be paid to the team.**

SHEBOYGAN YMCA 2015 - 2016 CHINOOK SWIM TEAM REGISTRATION FORM

Swimmer Name _____ Birth Date _____ M F
 Home Phone _____ Mom Cell _____ Dad Cell _____
 Email Address _____

There are two payment options; payment in full or the bank draft deduction. If you choose the monthly bank draft, your monthly fee will be automatically deducted from your checking account, savings account or credit card on the 20th business day of each month beginning on **October 19, 2015 and ending on February 22, 2016. Please note the total payment is more if you select the bank draft option.** Please check the appropriate training group and fee below:

<input type="checkbox"/> PRACTICE GROUP	10 & OVER SILVER 2
<input type="checkbox"/> 8 & Under White	<input type="checkbox"/> \$348.00 Paid in Full
<input type="checkbox"/> 9 & Over Bronze 2	<input type="checkbox"/> Bank Draft; \$90.00 deposit, \$58.00 per month
Fee	
<input type="checkbox"/> \$264.00 Paid in Full	11 & OVER SILVER 1
<input type="checkbox"/> Bank Draft; \$90.00 deposit, \$41.00 per month	<input type="checkbox"/> \$384.00 Paid in Full
<input type="checkbox"/>	Bank Draft; \$90.00 deposit, \$65.00 per month
<input type="checkbox"/> PRACTICE GROUP	12 & OVER GOLD
<input type="checkbox"/> 8 & Under Red	<input type="checkbox"/> \$406.00 Paid in Full
<input type="checkbox"/> 8 & Under Blue	<input type="checkbox"/> Bank Draft; \$90.00 deposit, \$70.00 per month
<input type="checkbox"/> 9 & Over Bronze 1	
Fee	
<input type="checkbox"/> \$294.00 Paid in Full	<input type="checkbox"/> \$315.00 Paid in Full
<input type="checkbox"/> Bank Draft; \$90.00 deposit, \$47.00 per month	<input type="checkbox"/> Bank Draft; \$90.00 deposit, \$51.00 per month
HIGH SCHOOL BOYS	
<input type="checkbox"/> \$175.00 Paid in Full	

BANK DRAFT INFORMATION - PLEASE COMPLETE ALL THAT APPLY

Checking or Savings Account
 Bank Name _____
 Routing Number _____
 Name on Account _____
 Checking Account # _____
 Savings Account # _____

Credit Card MasterCard Visa Discover
 Name on Credit Card _____
 Card Number _____
 Expiration Date _____ 3 Digit Code _____
 Billing Address _____

I give my permission for the Sheboygan County YMCA to automatically deduct my swim team fee payment from my checking account, savings account or credit card. I have read and understand the payment methods above and know that I am responsible for the total fee due. I understand that any bank deduction changes and cancellations must be given to the Sheboygan YMCA in writing by the 10th of the month in order for it to take effect that month. I understand that the \$85.00 deposit is non-refundable under any circumstances.

Parent Signature _____
 Date _____

SWIMMER CODE OF CONDUCT

As a swimmer on the Sheboygan YMCA Chinook Swim Team, I will exhibit the values of caring, honesty, respect and responsibility at all times. I will work hard and honestly to improve my performance and participation. I will show respect for my teammates, coaches, opponents, officials and parents. I will treat others as I would like to be treated. I will follow good health and fitness principles that will enable me to perform at my best. I will have fun!

Swimmer’s Responsibilities

- I will have all my necessary equipment, including my swim cap, goggles and water bottle at every practice.
- I will arrive for all functions on time.
- I will try hard and I will listen to the coaches.
- I will maintain a positive attitude toward my coaches, teammates and times.
- I will eat a balanced diet and get plenty of sleep.
- I will behave in a safe and caring manner in the locker rooms and pools.
- I will bring my YMCA card to every practice and check in at the desk.
- I will exhibit good sportsmanship at meets.

The Swimmer Code of Conduct must be signed and returned prior to the start of the season. I have read and agree with the above code of conduct and swimmer responsibilities.

Swimmer Signature _____ Date _____

PARENT CODE OF CONDUCT

As a parent of a swimmer on the Sheboygan YMCA Chinook Swim Team, I understand that I play a crucial role in the success of the team. I understand that email is the main form of communication. If I do not give the Sheboygan YMCA an email address, it is my responsibility to call Kara and/or the coaches to obtain the information. I will help out with at least one other fundraising activity besides the swim-a-thon.

As a parent of a swimmer on the Sheboygan YMCA Chinook Swim Team, I will remain in the spectator areas during all meets. I will show interest, enthusiasm and support for my child. I will cheer positively for our team. I will keep comments positive to all swimmers, coaches, officials and other spectators. I will show respect for other competitors. I will allow coaches to coach without interference.

Parent’s Responsibilities

- I will have my child at practice and to swim meets on time.
- I will be sure my child has proper equipment including swim cap, goggles and swimsuit.
- I will attend the parent meetings.
- I will encourage my child with lots of praise!
- I will encourage my child to get plenty of sleep and eat a balanced diet.
- I will pay meet fees prior to each swim meet. I understand my child cannot participate if meet fees are not paid.

Waiver

I hereby agree to waive any claim or liability on the YMCA arising out of use of the facility, and further agree that I will indemnify and save harmless the YMCA from any and all claims of every kind and description which may be brought against the YMCA on account of death, injury, or damage to persons or property received by any persons by reason of acts or omissions of the users in their use. I understand the above responsibilities and I give permission for myself and/or my child to participate and be photographed in YMCA activities, including all Sheboygan YMCA Chinook Swim Team practices and meets. I have read this participation release.

The Parent Code of Conduct must be signed and returned prior to the start of the season. I have read and agree with the above code of conduct and parent responsibilities.

Parent Signature _____ Date _____

2015 – 2016 Chinook Swim Team Swimmer Goals

Not sure or need ideas? Talk with your Coach – they are happy to help you set good goals!

List four (4) events and the time you are hoping to achieve for those events:

	Event	14-15 Best Time	15-16 Goal Time
1.			
2.			
3.			
4.			

Stroke development and/or skills that I am going to concentrate on and develop during practice: _____

Attitude and teamwork, both during practice and swim meets that I will work on this season:

Swimmer Signature _____ Date _____

Chinook Swim Team Parent Volunteer Opportunities

Want to support the Chinooks with your time and talents? Want to meet other swim parents and learn more about the swim program? These are some great opportunities to get involved and show your swimmer your commitment! Sign up at the Parent Meeting!

Newspaper Editor: Open (1 Parent Volunteer)

Promote the Chinooks and our swimmers by writing articles and securing photos after every swim meet and submit them to the Sheboygan Press.

Awards: Open (1- 2 Parent Volunteer)

Sort awards and place them in the swimmer's bins to pick up after meets.

Swim-a-thon: Open (2 Parent Volunteers)

Swim-a-thon is our largest fund raising event of the swim season. It provides the funds needed to support our program, including adding/updating equipment and supplementing meet and event costs. It has traditionally been held the Monday before Thanksgiving. Parent volunteer will assist the coaches in planning the event and putting together information to be communicated to families via Team Unify. Parent volunteer is also responsible to collect funds raised and provide accounting to the Team/Y for results. The Parent Volunteer must be able to be present on the night of Swim-A-Thon.

Team Apparel: Open (2 Parent Volunteers)

Want to help design the State and Regionals T-Shirt? Do you have ideas for our team gear? This is the role for you! Help select and coordinate our team gear and the annual t-shirts.

Meet Fees Treasurer: Open (1 Parent Volunteer)

This is an important position that provides the documentation and collection of meet fees for the team. Parent Volunteer will work with Team Unify volunteer parents on information and identification of meets, fees due, and timing. Parent Volunteer must be familiar with Microsoft Excel, and have email.

Team Photographer/Bulletin Boards: Open (2 Parent Volunteers)

Parent volunteer takes pictures of the team and coaches, and works with other parents to secure photos taken at events and functions. We have two bulletin boards in need of some TLC and creativity – one outside each pool. Additionally, we would really like to have a year-end slideshow to show at our annual awards get-together.

State/Regional Qualifiers Pre-Meet Dinner: Open (3-4 Parent Volunteers)

Coordinate food assignments and goody bags for State and Regional qualifiers working with the Coaches on the event date and planning.

Chinook Annual Awards Celebration: Open (3-4 Parent Volunteers)

Are you a great party planner? Do you want to help us celebrate a great year of fun and teamwork and swimming? Help us plan, coordinate and deliver our annual awards celebration!